


STUDENT T-SHIRT Design Contest

Help Us Celebrate American Heart Month this February!



Lake Cumberland Regional Hospital invites students to showcase their creativity and help spread awareness about heart health by creating a custom t-shirt design!

CONTEST RULES:

- DESIGNS SHOULD FOCUS ON PROMOTING A HEALTHY LIFESTYLE FOR MAINTAINING A HEALTHY HEART.
- OPEN TO STUDENTS AGE PRESCHOOL-12TH.
- ANY MEDIUM ALLOWED (MARKER, PAINT, DIGITAL, ETC.).
- PARTICIPANTS MUST SUBMIT THEIR OWN ORIGINAL WORK. GROUP SUBMISSIONS ARE ALLOWED.
- TO SUBMIT, UPLOAD EITHER SCANS OR PHOTOGRAPHS BY SCANNING THE QR CODE BELOW OR VISITING LAKECUMBERLANDHOSPITAL.COM/CONTEST
- DESIGNS CAN ALSO BE DROPPED OFF IN THE ADMINISTRATION OFFICE AT LCRH (305 LANGDON ST., SOMERSET, KY 42503)
- THE CLASSROOM SIZE LIMIT FOR THE DISTRIBUTION OF T-SHIRTS IS 30.
- STUDENTS MAY USE THE SUPPLIED TEMPLATE, BUT IT IS NOT REQUIRED.

IMPORTANT DATES:

**CONTEST
OPENS: 2.2.26**

**CONTEST
CLOSES: 2.20.26**

**WINNERS
ANNOUNCED: 2.27.26**

WINNER WILL BE ANNOUNCED ON THE HOSPITAL'S WEBSITE AND SOCIAL MEDIA CHANNELS.

**GRAND
PRIZE**

T-shirts for your class printed with the winning design plus a pizza party (up to 30 students)!

VISIT OUR WEBSITE FOR MORE INFORMATION:

LAKECUMBERLANDHOSPITAL.COM/CONTEST

Contact Kathleen.Bradley@lpnt.net or 606.305.6308 for any questions.

February is
American
Heart Month



**DESIGNS SHOULD FOCUS ON PROMOTING A HEALTHY LIFESTYLE
FOR MAINTAINING A HEALTHY HEART. PLEASE CREATE A DESIGN
SHOWCASING HOW TO KEEP YOUR HEART HEALTHY!**



DEADLINE: 2.20.26

SCAN TO SUBMIT:

