

# COMMUNITY HEALTH ASSESSMENT

**ADDENDUM FEBRUARY 2022**

A Healthy **Today** for  
a Brighter **Tomorrow.**

ADAIR COUNTY • CASEY COUNTY • CLINTON COUNTY • CUMBERLAND COUNTY • GREEN COUNTY •  
McCREARY COUNTY • PULASKI COUNTY • RUSSELL COUNTY • TAYLOR COUNTY • WAYNE COUNTY



## **VISION STATEMENT**

The Lake Cumberland District Health Department will be a progressive leader providing innovative solutions to achieve optimal health status for our communities.

## **MISSION STATEMENT**

The Lake Cumberland District Health Department prevents illness and injury, promotes good health practices, and assures a safe environment to protect and improve the health of our communities.

A Healthy **Today** for a Brighter **Tomorrow**.

## **Lake Cumberland District Health Department**

500 Bourne Avenue • Somerset, KY 42501  
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[www.LCDHD.org](http://www.LCDHD.org)

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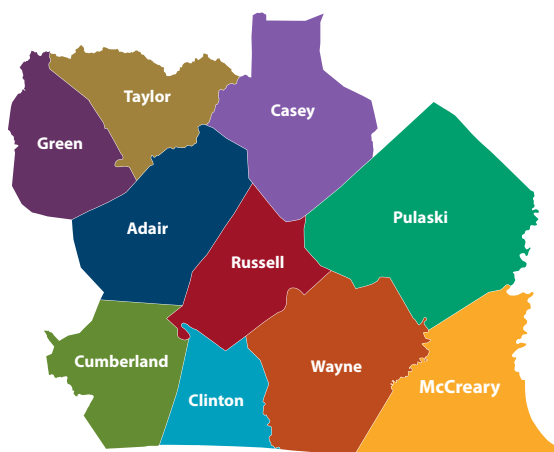
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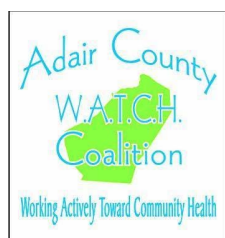
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# 2020 LAKE CUMBERLAND DISTRICT COMMUNITY HEALTH ASSESSMENT

This Lake Cumberland District Health Department (LCDHD) Community Assessment Addendum 2022 Booklet is a tool to assist individuals and agencies across the Lake Cumberland District with data covering various topics. Due to the pandemic that began in 2019 and is continuing, our community health assessment booklets have not been updated since fall 2019. We apologize for the lack of updates but all health department staff were reassigned to assist with the COVID-19 response. Additional data may be viewed on our website: [www.lcdhd.org/info-tools/health assessment](http://www.lcdhd.org/info-tools/health%20assessment).

The primary goal of the 2019 Lake Cumberland District Health Department Community Health Assessment booklet is to provide a valid and reliable data regarding the health of Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne counties. The Lake Cumberland District Health Department is required to continually assess the health of the population across the Lake Cumberland Area to be compliant with the Public Health Accreditation Board (PHAB).

The Health Policy and Promotion branch facilitated the strategic collaborative process utilizing the Mobilizing for Action through Planning and Partnership (MAPP) toolkit, to complete the 2019 Lake Cumberland District Community Health Assessment. The MAPP process uses a systematic approach to data collection, analysis and dissemination of data, as well as discussion of community assets and resources. This assessment is a valuable tool for community partners and stakeholders to bring awareness to community issues and make well informed decisions regarding public health policies, processes, and interventions.



Adair County (Working Actively Toward Community Health) W.A.T.C.H. Coalition



Casey County Community Health Empowerment Coalition (CHEC)



Clinton County Health Coalition



Cumberland County Health Coalition



Green County Health and Wellness Coalition



McCreary County Health and Wellness Coalition



Pulaski County (Working on Wellness) WOW Coalition



Russell County Health and Wellness Coalition



Taylor County Wellness Coalition



Wayne County Health Council





# DEMOGRAPHICS

# GEOGRAPHY

The Lake Cumberland District Health Development District (LCDHD) is located in the Lake Cumberland Area Development District (LCADD), in south-central Kentucky. The area is comprised of ten counties: Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne.

The LCDHD area covers approximately 3,719 square miles. Across the ten counties, there are ten public school districts and three independent school districts. All ten counties are identified as rural and nine of our counties are part of the Appalachian Region. Taylor County is not part of the Appalachian Region. The Appalachian Region is noted for being at an economic disadvantage and poor health outcomes.

County	Area	County seat	City name(s)
Adair	407 square miles	Columbia	Columbia City
Casey	446 square miles	Liberty	Liberty City
Clinton	198 square miles	Albany	Albany City
Cumberland	306 square miles	Burkesville	Burkesville City, Marrowbone CDP
Green	289 square miles	Greensburg	Greensburg City, Summerville CDP
McCreary	428 square miles	Whitley City	Pine Knot CDP, Stearns CDP, Whitley City CDP
Pulaski	662 square miles	Somerset	Burnside City, Eubank City (partial), Ferguson City, Science Hill City, Somerset City
Russell	254 square miles	Jamestown	Jamestown City, Russell Springs City
Taylor	270 square miles	Campbellsville	Campbellsville City
Wayne	459 square miles	Monticello	Monticello City

Source: US Census Bureau Quick Facts July 2021



# POPULATION

According to the 2021 US Quick Facts, the total population of Kentucky is 4,505,836. The population for the Lake Cumberland District is 206,583. Over the ten year period, four counties population has increased, one county remained the same and five counties population decreased.

## Population

	Total Population 2010	Total Population 2020
United States	308,745,538	331,449,281
Kentucky	4,339,367	4,505,836
Adair	18,656	18,903
Casey	15,955	15,941
Clinton	10,272	9,253
Cumberland	6,856	5,888
Green	11,258	11,107
McCreary	18,306	16,888
Pulaski	63,063	65,034
Russell	17,565	17,991
Taylor	24,512	26,023
Wayne	20,813	19,555

Source: US Census Bureau Quick Facts July 2021



# LAKE CUMBERLAND DISTRICT AREA SCHOOLS

Lake Cumberland District Health Department (LCDHD) has 13 school districts across the Lake Cumberland District.

<b>Adair County School District</b>	
Adair County Primary (P-02)	557
Adair Elementary (3-5)	561
Adair Middle (6-8)	636
Adair High (9-12)	790
Total Enrollment	2,544
<b>Campbellsville Independent School District</b>	
Campbellsville Elementary (PS-05)	534
Campbellsville Middle (6-8)	325
Campbellsville High (9-12)	309
Total Enrollment	1,168
<b>Casey County School District</b>	
Jones Park Elementary (PS-5)	294
Liberty Elementary (PS-5)	374
Walnut Hill Elementary (PS-5)	375
Casey Middle (6-8)	545
Casey High (9-12)	616
Total Enrollment	2,394
<b>Clinton County School District</b>	
Early Childhood Center (PS-K)	119
Albany Elementary (1-4)	465
Clinton Middle (5-8)	502
Clinton High (9-12)	426
Total Enrollment	1,512
<b>Cumberland County School District</b>	
Cumberland Elementary (K-5)	430
Cumberland Middle (6-8)	223
Cumberland High (9-12)	270
Total Enrollment	923
<b>Green County School District</b>	
Green County Primary (K-2)	388
Green County Intermediate (3-5)	341
Green County Middle (6-8)	395
Green County High (9-12)	466
Total Enrollment	1,590
<b>McCreary County School District</b>	
Whitley City Elementary (PS-3)	509
Pine Knot Primary (PS-05)	806
McCreary Middle (6-8)	600
McCreary High (9-12)	841
Total Enrollment	2,756

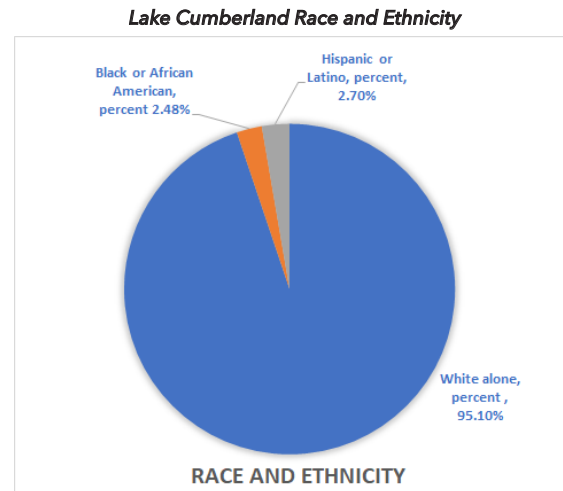
<b>Pulaski County School District</b>	
Northern Elementary (PS-05)	353
Burnside Elementary (PS-05)	367
Eubank Elementary (PS-05)	319
Nancy Elementary (PS-05)	323
Oakhill Elementary (PS-05)	504
Pulaski Elementary (PS-05)	557
Shopville Elementary (PS-05)	309
Southern Elementary (PS-05)	675
Northern Middle (6-8)	882
Southern Middle (6-8)	1,061
Pulaski High (9-12)	1,283
Southwestern High (9-12)	1,313
Total Enrollment	7,946
<b>Russell County School District</b>	
Jamestown Elementary (PS-05)	441
Russell Springs Elementary (PS-05)	609
Salem Elementary (PS-05)	321
Russell County Middle (6-8)	694
Russell County High (9-12)	822
Total Enrollment	2,887
<b>Science Hill Independent School District</b>	
Science Hill Elementary (PS-08)	418
<b>Somerset Independent School District</b>	
Hopkins Elementary (PS-05)	544
Meece Middle (6-8)	464
Somerset High (9-12)	545
Total Enrollment	1,553
<b>Taylor County School District</b>	
Taylor County Primary (PS-2)	570
Taylor County Elementary (3-5)	537
Taylor County Middle (6-8)	609
Taylor County High (9-12)	795
Total Enrollment	2,511
<b>Wayne County School District</b>	
Walker Early Learning Center (PS-K)	233
Bell Elementary (1-2)	427
Monticello Elementary (3-5)	639
Wayne County Middle (6-8)	693
Wayne County High (9-12)	915
Total Enrollment	2,907

Source: Kentucky Department for Education, Schools and District Enrollment; 2020-2021 School Year

# GENDER AND RACE

## RACIAL AND ETHNIC CHARACTER

In the United States, the estimated population is 76.3% White, 13.4% Black/African American, 18.5% Hispanic/Latino and 5.9% Asian. In Kentucky the population race is 87.5% White, 8.5% Black/African American, 3.9% Hispanic/Latino and 1.6% Asian. The population race across the Lake Cumberland District is 95.1% White, 2.48% Black/African American and 2.7% Hispanic/Latino.



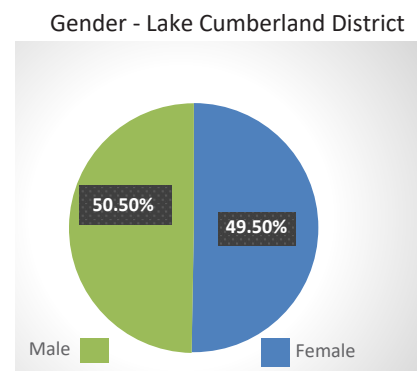
Source: US Census Bureau Quick Facts July 2021

## GENDER AND MEDIAN AGE

The United States, Kentucky and the Lake Cumberland District (LCD) gender breakdowns are very similar with the exception of McCreary County where there is a slightly higher number of males than females. The median age in the United States is slightly lower than Kentucky, while across the LCD it is higher.

	Female	Male	Median age (years)
<b>United States</b>	50.80%	49.20%	38.5
<b>Kentucky</b>	50.70%	49.30%	39.
<b>Adair</b>	50.20%	49.80%	41.8
<b>Casey</b>	51.30 %	48.7%	39.2
<b>Clinton</b>	50.90%	49.10%	41.9
<b>Cumberland</b>	51.20%	48.80%	46.0
<b>Green</b>	50.60%	49.40%	44.6
<b>McCreary</b>	45.40%	54.60%	39.4
<b>Pulaski</b>	51.20%	48.80%	42.0
<b>Russell</b>	50.80%	49.2%	43.3
<b>Taylor</b>	51.10%	48.90%	37.6
<b>Wayne</b>	52.20%	48.80%	42.5
<b>District</b>	49.50%	50.50%	42

Source: US Census Bureau Quick Facts July 2021



Source: US Census Bureau Quick Facts July 2021



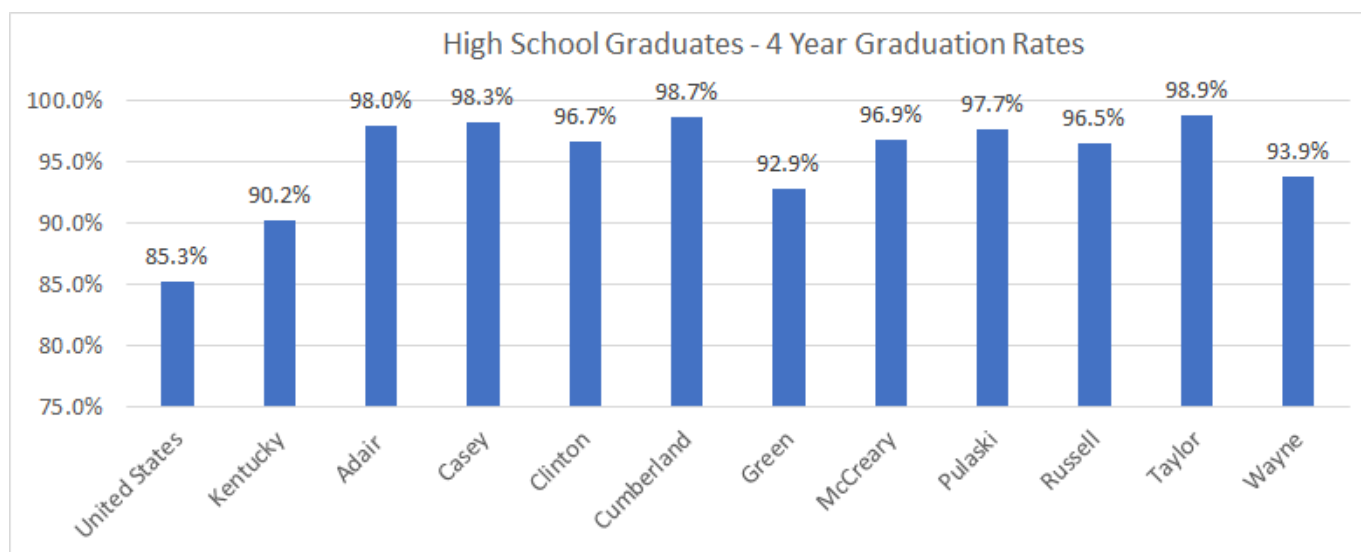


# SOCIOECONOMIC STATUS

# EDUCATION

## HIGH SCHOOL GRADUATION RATES

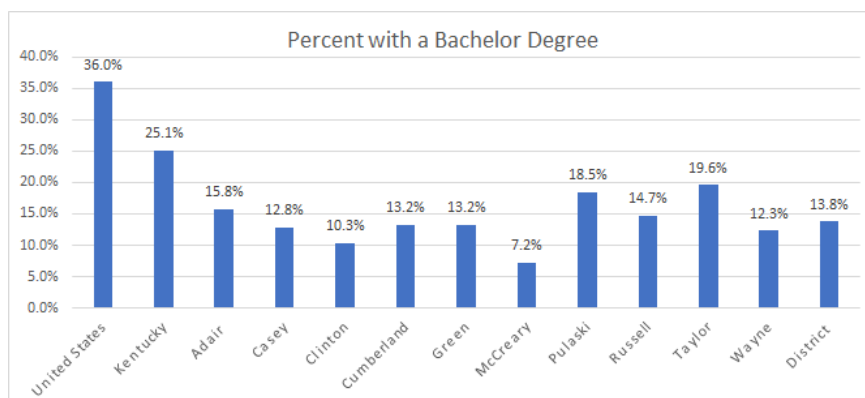
Graduation rates in Kentucky and the Lake Cumberland District are higher than the national average. Taylor County has the highest graduation rates in our area, while Green County is the lowest.



Source: Kentucky Department of Education – Report Cards 2020-2021

## HIGHER EDUCATION

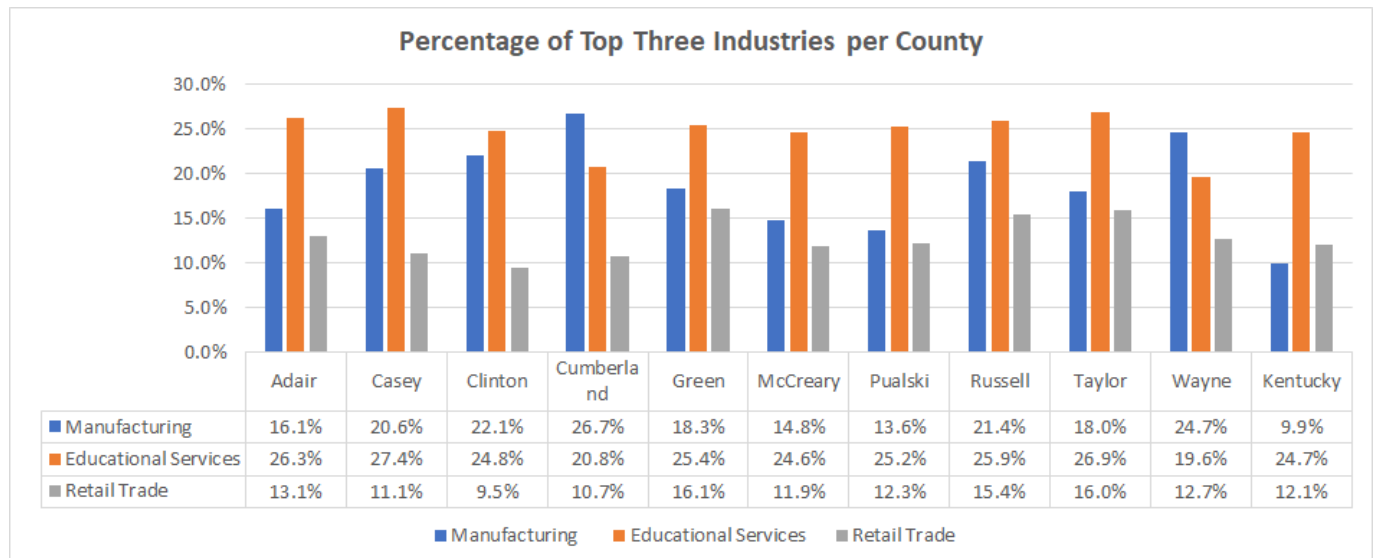
The adult population over age 25 that have obtained a bachelor's degree in the United States is higher than Kentucky and in the Lake Cumberland District. Taylor County has the highest percentage of adults with a bachelor's degree. McCreary County has the lowest percentage of adults with a bachelor's degree.



Source: Kentucky Department of Education – Report Cards 2020-2021

# WORKFORCE

According to the 2015-2019 American Community Survey, the most common jobs across Kentucky and the Lake Cumberland District are: Educational Services, Manufacturing and Retail Trade. Each of the ten county's top three industries are noted below.



Source: US Census Bureau, American Community Survey, 2015 - 2019





# MEDIAN HOUSEHOLD INCOME

The United States median household income is \$62,843 which is higher than Kentucky's median household income of \$50,589. McCreary County has the lowest median income and Taylor County has the highest. The table below provides information comparing the median household income, per capita income and unemployment rate for the United States, Kentucky and the Lake Cumberland District.

## Median Household Income and Unemployment

	Median Household income <sup>1</sup>	Per Capita income <sup>1</sup>	Unemployment Rate <sup>2</sup>
United States	\$62,843	\$34,103	4.2%
Kentucky	\$50,589	\$28,178	4.1%
Adair	\$38,021	\$21,196	3.1%
Casey	\$34,819	\$18,457	2.7%
Clinton	\$32,184	\$21,019	3.0%
Cumberland	\$35,344	\$18,728	2.3%
Green	\$35,899	\$22,506	2.5%
McCreary	\$28,105	\$14,505	3.2%
Pulaski	\$39,998	\$24,646	3.1%
Russell	\$38,390	\$20,674	3.4%
Taylor	\$44,522	\$23,602	2.3%
Wayne	\$34,914	\$25,707	3.2%

Median income is the amount which divides the income distribution into two equal groups, half having income above that amount, and half having income below that amount.

Per capita income (PCI) or average income measures the average income earned per person in a given area (city, region, country, etc.) in a specified year. It is calculated by dividing the area's total income by its total population.

Sources: 1. US Census Bureau Quick Facts, July 2021

2. US Department for Labor, November 2021 Preliminary



# HOUSEHOLD

In 2015-2019, there were 120.8 million households in the United States, 1.7 million households in Kentucky and 80,453 households in the Lake Cumberland District (LCD). The average household size in the United States was 2.60 people, in Kentucky it was 2.49 people and across Lake Cumberland District it was 2.52 people.

Married-couple households made up 48.2% of the households in the United States; 48.3% in Kentucky and approximately 49.9% in the LCD. Approximately 25% of children in the United States and Kentucky lives in single-parent homes. In the Lake Cumberland District 31% of children in Cumberland County children live in single parent homes.

In the United States 34.1% of grandparents are responsible for their grandchildren's basic needs. Kentucky's rates are higher with 52.1%. Across the Lake Cumberland District these percentages are very high. McCreary County is the highest at 90.9% and Wayne County is the lowest at 45.2%.

	Household Size	Total Households	Married-Couples Family Households	Children in Single-Parent Households	Grandparents Living with Grandchildren Under 18	Grandparents Responsible for Grandchildren Under 18
United States	2.60	120.8 million	48.2%	25%	7.2 Million	34.1%
Kentucky	2.49	1.7 million	48.3%	26%	105,524	52.1%
Adair	2.56	6,977	55.2%	19%	402	73.1%
Casey	2.53	6,099	48.5%	24%	304	48.4%
Clinton	2.52	3,985	46.6%	20%	215	47.9%
Cumberland	2.53	2,616	48.0%	31%	286	57.7%
Green	2.46	4,413	55.6%	19%	187	48.7%
McCreary	2.58	6,052	55.5%	28%	441	90.9%
Pulaski	2.51	25,301	49.4%	29%	1818	53.1%
Russell	2.53	6,922	47.8%	26%	706	70.4%
Taylor	2.47	9,857	49.2%	29%	562	52.3%
Wayne	2.46	8,231	48.2%	22%	513	45.2%

Source: US Census Bureau, American Community Survey, 2015 - 2019



# LIVING WAGE

The living wage shown is the hourly rate that an individual in a household must earn to support his or herself and their family. The assumption is the sole provider is working full-time (2080 hours per year). The table below provides information for individuals, and households with one or two working adults and zero to three children.

The state minimum wage is the same for all individuals. The state minimum wages are determined based on the posted value of the minimum wage as of January one of the coming year (National Conference of State Legislatures, 2019). The poverty rate reflects a person's gross annual income. We have converted it to an hourly wage for the sake of comparison.

		1 ADULT (WORKING)				2 ADULTS (1 WORKING)				2 ADULTS (BOTH WORKING)			
		0 Children	1 Child	2 Children	3 Children	0 Children	1 Child	2 Children	3 Children	0 Children	1 Child	2 Children	3 Children
KY	Living Wage	\$13.48	\$28.25	\$35.31	\$45.52	\$22.18	\$26.64	\$30.28	\$32.37	\$11.09	\$15.53	\$19.60	\$22.85
	Poverty Wage	\$6.13	\$8.29	\$10.44	\$12.60	\$8.29	\$10.44	\$12.60	\$14.75	\$4.14	\$5.22	\$6.30	\$7.38
	Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25
Adair	Living Wage	\$13.12	\$27.31	\$34.32	\$44.24	\$21.33	\$25.76	\$29.40	\$31.16	\$10.67	\$15.06	\$19.15	\$22.21
	Poverty Wage	\$6.13	\$8.29	\$10.44	\$12.60	\$8.29	\$10.44	\$12.60	\$14.75	\$4.14	\$5.22	\$6.30	\$7.38
	Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25
Casey	Living Wage	\$12.92	\$27.31	\$34.32	\$43.96	\$21.87	\$25.76	\$29.40	\$30.87	\$10.93	\$15.06	\$19.15	\$22.07
	Poverty Wage	\$6.13	\$8.29	\$10.44	\$12.60	\$8.29	\$10.44	\$12.60	\$14.75	\$4.14	\$5.22	\$6.30	\$7.38
	Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25
Clinton	Living Wage	\$12.92	\$27.31	\$34.32	\$44.03	\$21.45	\$25.76	\$29.40	\$30.94	\$10.72	\$15.06	\$19.15	\$22.10
	Poverty Wage	\$6.13	\$8.29	\$10.44	\$12.60	\$8.29	\$10.44	\$12.60	\$14.75	\$4.14	\$5.22	\$6.30	\$7.38
	Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25
Cumberland	Living Wage	\$12.78	\$27.31	\$34.32	\$43.77	\$21.45	\$25.76	\$29.40	\$30.68	\$10.72	\$15.06	\$19.15	\$21.97
	Poverty Wage	\$6.13	\$8.29	\$10.44	\$12.60	\$8.29	\$10.44	\$12.60	\$14.75	\$4.14	\$5.22	\$6.30	\$7.38
	Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25
Green	Living Wage	\$12.92	\$27.31	\$34.32	\$43.77	\$21.33	\$25.76	\$29.40	\$30.68	\$10.67	\$15.06	\$19.15	\$21.97
	Poverty Wage	\$6.13	\$8.29	\$10.44	\$12.60	\$8.29	\$10.44	\$12.60	\$14.75	\$4.14	\$5.22	\$6.30	\$7.38
	Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25
McCreary	Living Wage	\$12.92	\$27.31	\$34.32	\$43.77	\$21.45	\$25.76	\$29.40	\$30.68	\$10.72	\$15.06	\$19.15	\$21.97
	Poverty Wage	\$6.13	\$8.29	\$10.44	\$12.60	\$8.29	\$10.44	\$12.60	\$14.75	\$4.14	\$5.22	\$6.30	\$7.38
	Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25
Pulaski	Living Wage	\$12.73	\$28.06	\$35.70	\$46.08	\$21.44	\$25.88	\$29.52	\$31.10	\$10.72	\$15.43	\$19.84	\$23.13
	Poverty Wage	\$6.13	\$8.29	\$10.44	\$12.60	\$8.29	\$10.44	\$12.60	\$14.75	\$4.14	\$5.22	\$6.30	\$7.38
	Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25
Russell	Living Wage	\$13.45	\$27.31	\$34.32	\$44.16	\$21.67	\$25.76	\$29.40	\$31.07	\$10.83	\$15.06	\$19.15	\$22.17
	Poverty Wage	\$6.13	\$8.29	\$10.44	\$12.60	\$8.29	\$10.44	\$12.60	\$14.75	\$4.14	\$5.22	\$6.30	\$7.38
	Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25
Taylor	Living Wage	\$13.35	\$27.94	\$35.57	\$46.02	\$21.56	\$25.76	\$29.40	\$31.04	\$10.78	\$15.37	\$19.78	\$23.10
	Poverty Wage	\$6.13	\$8.29	\$10.44	\$12.60	\$8.29	\$10.44	\$12.60	\$14.75	\$4.14	\$5.22	\$6.30	\$7.38
	Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25
Wayne	Living Wage	\$12.92	\$27.31	\$34.32	\$44.66	\$21.87	\$25.76	\$29.40	\$31.57	\$10.93	\$15.06	\$19.15	\$22.42
	Poverty Wage	\$6.13	\$8.29	\$10.44	\$12.60	\$8.29	\$10.44	\$12.60	\$14.75	\$4.14	\$5.22	\$6.30	\$7.38
	Minimum Wage	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25	\$7.25

Source: US Census Bureau, American Community Survey, 2015 - 2019

# POVERTY

In 2020, the United States Department of Health and Human Services, Federal Poverty Guidelines for a family of four is \$27,750. The poverty guidelines measure the family's annual gross income. The Federal Poverty Guidelines were originally developed in the 1960's based on the amount of money spent by a family on food. Over the past 50 years food expenses have increased, as well as childcare, transportation and health care costs.

Poverty rates in the United States are all lower than Kentucky and the Lake Cumberland District. The table below breaks down the poverty data for the Lake Cumberland District.

## POVERTY

	Poverty All People	Poverty under 18	Poverty 18-64	Poverty 65 + years
United States	12.30%	16.80%	11.50%	9.40%
Kentucky	16.30%	21.70%	15.50%	11.60%
Adair County	20.50%	27.2%	20.30%	14.30%
Casey County	25.50%	32.70%	24.40%	20.20%
Clinton County	24.10%	32.60%	23.80%	15.20%
Cumberland County	21.40%	25.60%	20.90%	18.20%
Green County	18.00%	21.70%	18.50%	12.70%
McCreary County	33.40%	42.10%	35.80%	11.90%
Pulaski County	22.70%	28.30%	23.50%	13.70%
Russell County	23.20%	28.30%	24.70%	13.10%
Taylor County	17.90%	22.70%	17.90%	11.30%
Wayne County	25.30%	38.50%	24.20%	14.60%

Source: US Census Bureau, American Community Survey, 2015 - 2019

2022 FEDERAL POVERTY GUIDELINES	
Persons in Household/ Family Size	Poverty Guidelines
1	\$13,590
2	\$18,310
3	\$23,030
4	\$27,750
5	\$32,470
6	\$37,190
7	\$41,910
8	\$46,630
For families/households with more than 8 persons, add \$4,720 for each additional person.	

Source: 2022 Federal Poverty Guidelines  
HHS Poverty Guidelines for 2022.





# FOSTER CARE

Across the United States, Kentucky and the Lake Cumberland District children entering foster care is rising dramatically. According to US Department for Health and Human Services, Children's Bureau in November 2021, there are approximately 424,000 youth in foster care. In 2021, Kentucky had approximately 53,868 youth in foster care (KY KIDS County, 2021). Below is a table showing Children in Foster Care and Children Exiting Foster Care to Reunification across the Lake Cumberland District.

Foster Care in the Lake Cumberland District		
	Children in Foster Care (Rate per 1,000 Children Ages 0-17)	Children Exiting Foster Care to Reunification (Rate per 1,000 Children Ages 0-17)
Kentucky	53.7	37%
Adair	61.8	44%
Casey	37.0	29%
Clinton	80.7	16%
Cumberland	34.6	63%
Green	24.5	33%
McCreary	108.5	34%
Pulaski	101.8	43%
Russell	77.1	33%
Taylor	44.7	46%
Wayne	50.5	52%

Source: Kentucky KIDS COUNT County Profile, 2021





# COMMUNICATION AND TRANSPORTATION

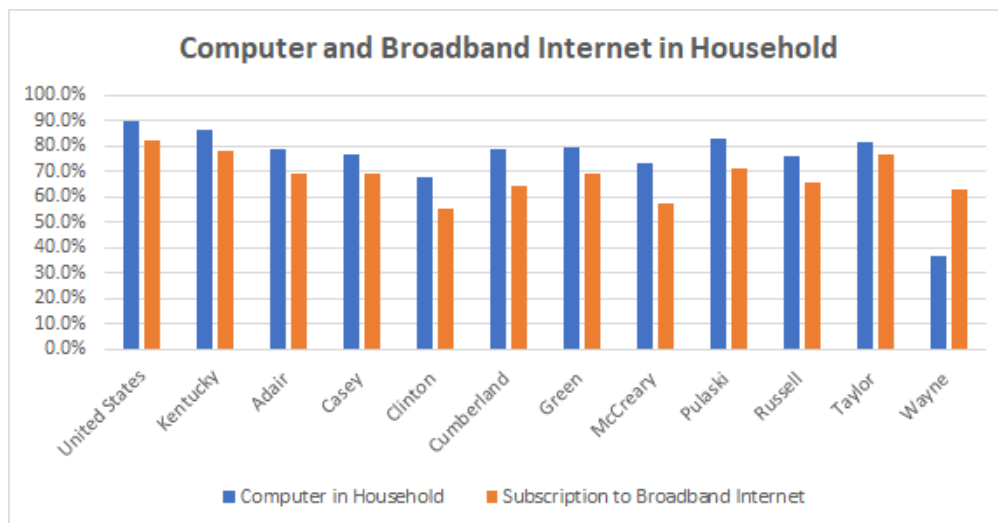
# COMPUTER AND INTERNET SUBSCRIPTIONS

In the United States, 90.3% of households had a computer and 82.1% has a broadband internet subscription. In Kentucky, 86.4% of households had a computer and 78.4% had a broadband internet subscription. The tables below show the percentages of household with a computer and percentage of broadband internet subscriptions across the Lake Cumberland District.



	Computer in Household	Subscription to Broadband Internet
United States	90.3%	82.1%
Kentucky	86.4%	78.4%
Adair	79.1%	69.0%
Casey	77.1%	69.0%
Clinton	67.8%	55.7%
Cumberland	79.2%	64.4%
Green	79.5%	69.3%
McCreary	73.1%	57.2%
Pulaski	83.2%	71.5%
Russell	76.4%	65.6%
Taylor	81.6%	76.8%
Wayne	36.6%	63.3%

Source: US Census Bureau, American Community Survey, 2015 - 2019



Source: US Census Bureau, American Community Survey, 2015 - 2019



# HEALTHCARE



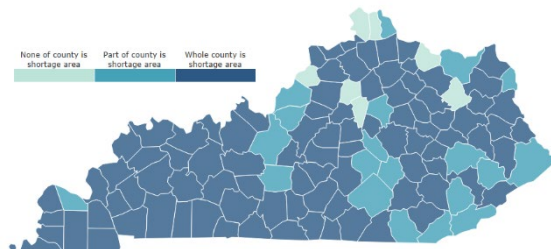
# HEALTHCARE PROVIDERS

A Health Professional Shortage Area (HPSA) is a geographic area, population or facility with a shortage of primary care, dental or mental health providers and services. The Health Resource and Services Administration (HRSA) and State Primary Care Offices (PCOs) work together using public, private and state-provided data to determine when such a shortage qualifies for designation as a HPSA.

## Health Professional Shortage Areas (HPSA): Primary Care

According to 2019 HPSA designations, primary care shortages are found in all but seven counties in Kentucky (Health Resources & Services Administration, 2020). In fact, 94% of counties have a primary care shortage. All counties in the Lake Cumberland District are designated as having a shortage of primary care physicians with the exception of Pulaski County where part of the county is designated with a shortage of primary care physicians.

**Figure 1: Primary care health professional shortage areas in Kentucky, 2019**

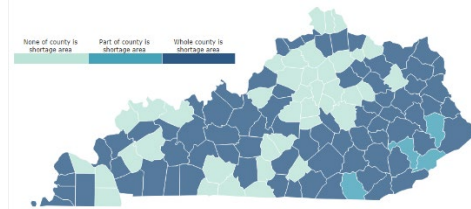


Source: (Health Resources & Services Administration, 2020)

## Health Professional Shortage Areas: Dental Care

According to 2019 HPSA designations, dental care shortages are found in all but 40 counties in Kentucky (67% of the counties have a dental care shortage) (Health Resources & Services Administration, 2020). In the Lake Cumberland District six counties are designated as having a shortage of dentist, while three counties have no shortage of dentist.

**Figure 2: Dental care health professional shortage Areas in Kentucky, 2019**

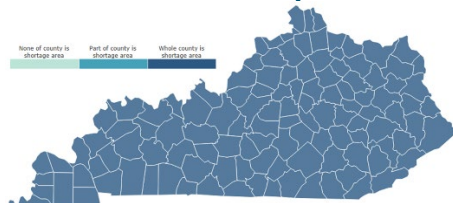


Source: (Health Resources & Services Administration, 2020)

## Health Professional Shortage Areas: Mental Health Care

According to 2019 HPSA designations, mental health care shortages are found in all counties in Kentucky (100% of the counties have a mental health care shortage) (Health Resources & Services Administration, 2020).

**Figure 3: Mental health care health professional shortage in Kentucky**



Source: (Health Resources & Services Administration, 2020)

# HOSPITALS AND LONG TERM CARE

## Hospitals

In the Lake Cumberland Area, there is a hospital in every county with the exception of McCreary County. Three hospitals are rural/county operated hospitals, four are critical access hospitals and two are regional hospitals.

Hospitals in Lake Cumberland Area		
County	Facility	Acute beds
Adair	T J Health Columbia (formerly Westlake Regional Hospital)	49
Casey	Casey County Hospital **(CAH)	24
Clinton	The Medical Center at Albany (formerly Clinton County Hospital)	42
Cumberland	Cumberland County Hospital **(CAH)	25
Green	Jane Todd Crawford Memorial Hospital** (CAH)	25
Pulaski	Lake Cumberland Regional Hospital	223
Russell	Russell County Hospital** (CAH)	25
Taylor	Taylor Regional Hospital	90
Wayne	Wayne County Hospital** (CAH)	25

Source: Cabinet for Health & Family Services, Certificate of Need, 2021

\*\*Critical County Hospital



## Long-Term Care Facilities (Nursing Homes)

There are 22 Long Term Care (Nursing Home) facilities across the Lake Cumberland Area. Eleven of these facilities include rehabilitation centers.



**LCDHD**  
*Lake Cumberland District Health Department*  
Health Policy and Promotion



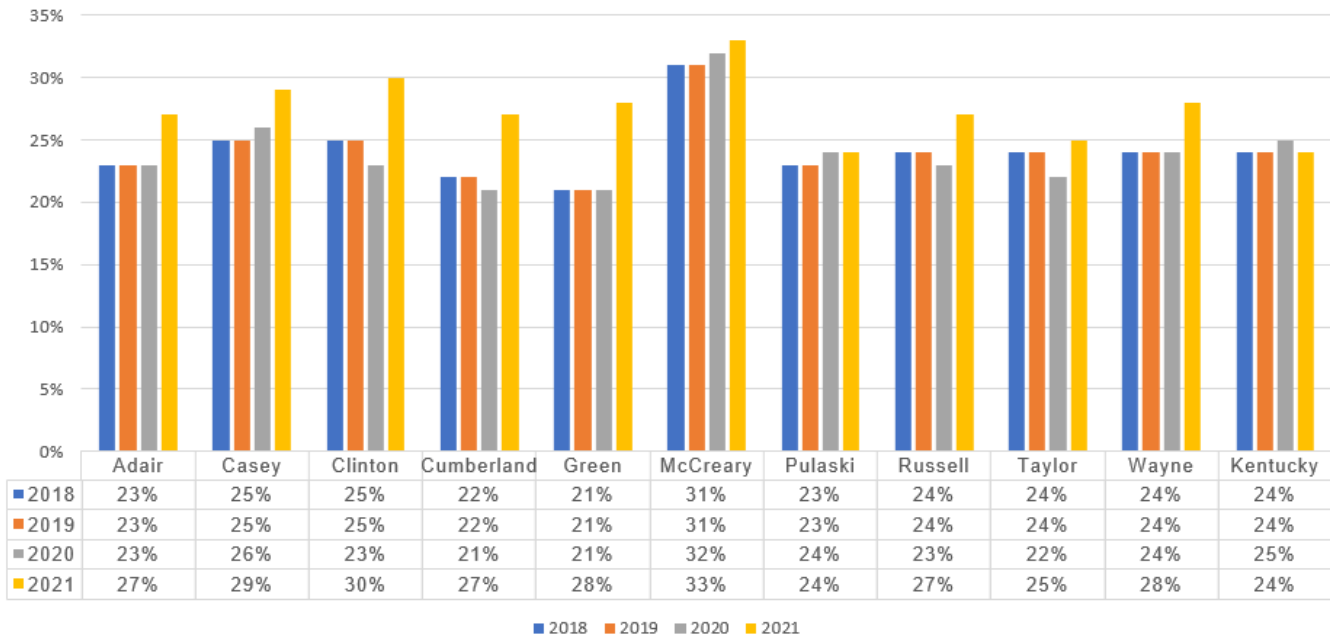
# HEALTH AND WELLNESS

# ADULT TOBACCO USE

Tobacco use is the leading cause of preventable disease, disability and death in the United States. The most common form of tobacco use for adults are cigarettes, followed by smokeless tobacco and electronic cigarettes/vapes.

The number of adults who smoke in Kentucky has remained fairly constant from 2018 – 2021. Across the Lake Cumberland District rates seemed to have increased in 2021 for all counties except Pulaski County.

**ADULT SMOKING - PERCENTAGE OF ADULTS WHO ARE CURRENT SMOKERS**



Source: County Health Rankings and Roadmaps, 2018 - 2021



# LEADING CAUSES OF DEATH

## Top Ten Leading Causes of Death

In 2019, according to the Center for Disease Control and Prevention the leading cause of death in United States and Kentucky is heart disease. The table below provides the ten leading causes of death for the United States and Kentucky.

Top 10 Leading Causes of Death in Kentucky		
Kentucky	Deaths	Rate*
1. Heart Disease	10,782	257.3
2. Cancer - All	9,975	176.4
3. Chronic Lower Respiratory	3,517	62.4
4. Unintentional Injuries	3,121	68.1
5. Stroke	2,296	42.5
6. Diabetes	1,684	32.1
7. Alzheimer's disease	1,611	29.1
8. Kidney Disease	850	15.7
9. Septicemia	997	18.2
10. Influenza and Pneumonia	918	16.7

\*Rate per 100,000

Top 10 Leading Causes of Death in the United States		
United States	Deaths	Rate*
1. Heart Disease	659,041	200.8
2. Cancer - All	599,601	182.7
3. Unintentional Injuries	173,041	52.7
4. Chronic Lower Respiratory	156,979	47.8
5. Stroke	150,005	45.7
6. Alzheimer's disease	121,499	37.0
7. Diabetes	87,647	26.7
8. Kidney Disease	51,565	15.7
9. Influenza and Pneumonia	49,783	15.2
10. Suicide	47,511	14.5

\*Rate per 100,000

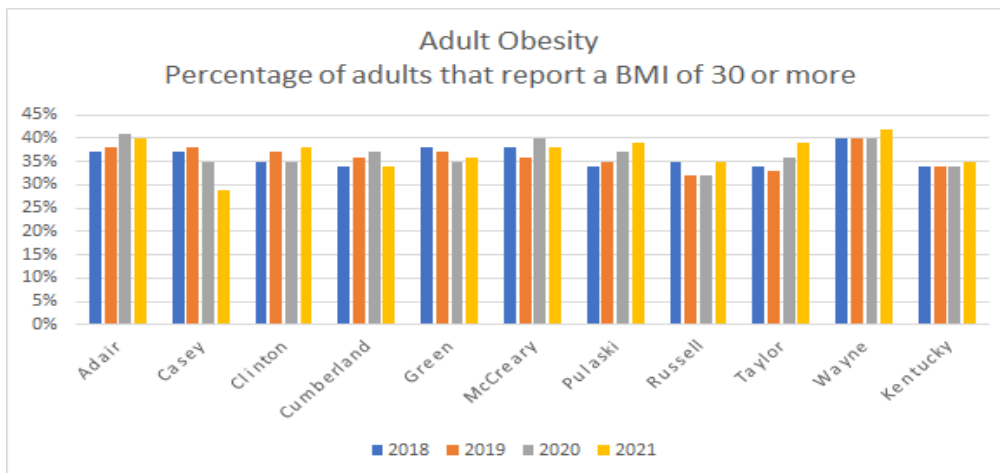
Source: Center for Disease Control and Prevention, National Center for Health Statistics 2019



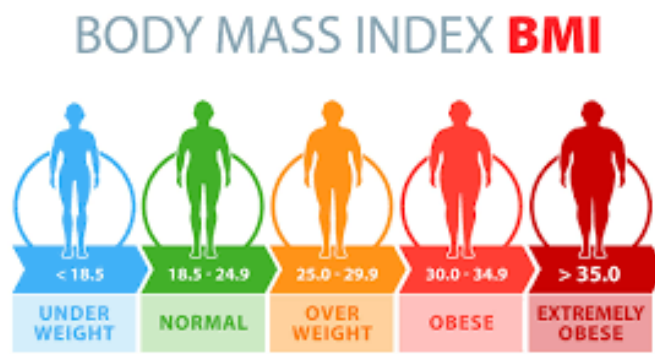
# OBESITY

Obesity is now considered a chronic disease by the American Medical Association and the National Institutes of Health. Obesity is a factor that drives health issues such as heart disease, type 2 diabetes and certain cancers.

Kentucky's obesity rates remained consistent from 2018 to 2020, but rose slightly in 2021. Across the Lake Cumberland District, obesity rates rose in six counties, but decreased in four counties.



Source: County Health Rankings and Roadmaps, 2018 - 2021

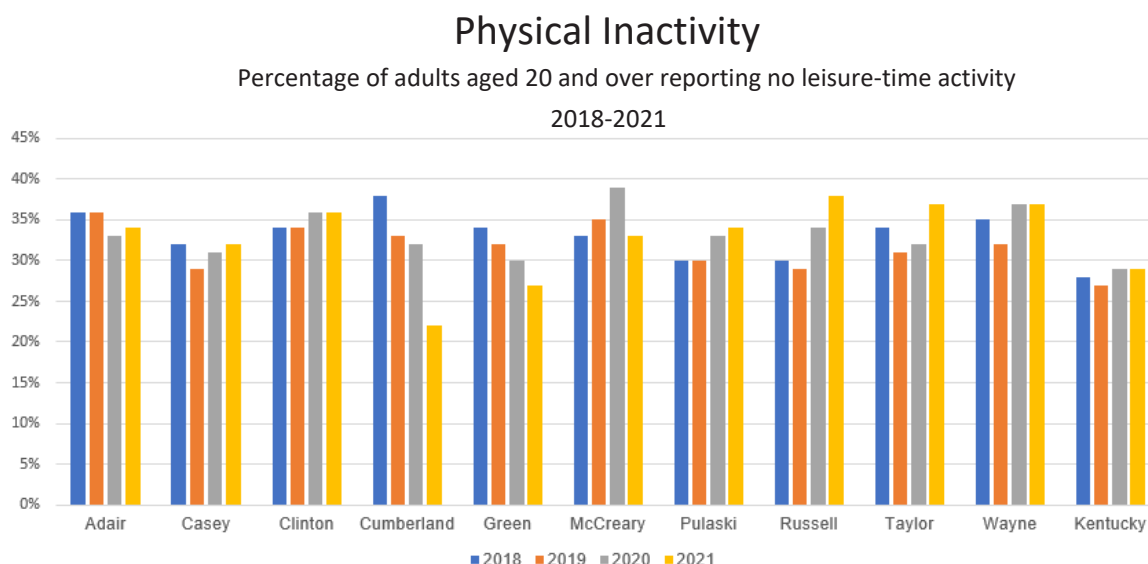




# PHYSICAL INACTIVITY

Regular physical activity is a vital element of a healthy lifestyle. The Center for Disease Control and Prevention recommends adults to have at least 150 minutes a week of moderate-intensity aerobic activity and at least two days of muscle-strengthening activity. Regular physical activity will decrease one risk from cardiovascular disease, hypertension and type 2 diabetes.

Physical inactivity is a term used to identify people who do not get the recommended level of regular physical activity. Kentucky percentage of adults who are physically inactive had no change in the last two years. In the Lake Cumberland District eight counties' percentages are higher than Kentucky.



Source: County Health Rankings and Roadmaps, 2018 - 2021

### How much activity do I need?

**Moderate-intensity aerobic activity**  
Anything that gets your heart beating faster counts.

at least  
**150 minutes a week**

AND

**Muscle-strengthening activity**  
Do activities that make your muscles work harder than usual.

at least  
**2 days a week**

Tight on time this week? **Start with just 5 minutes.** It all adds up!

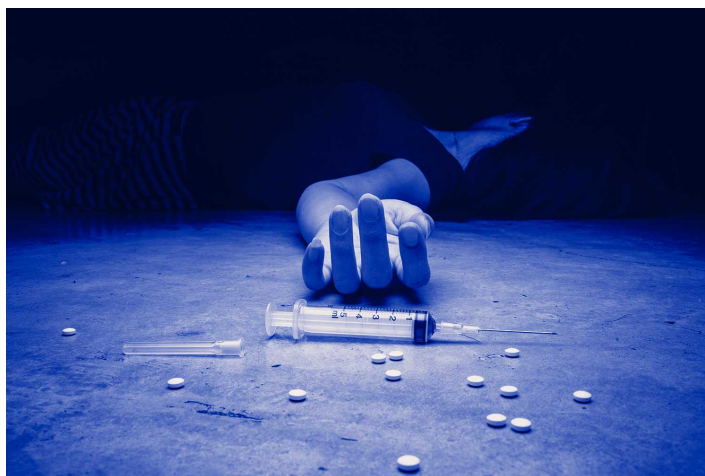
# DRUG OVERDOSE

Drug use/abuse continue to plague our nation. Kentucky and the Lake Cumberland District are no exception to this problem. The Kentucky Injury Prevention and Research Center (KIPRC) maintains data on fatal and nonfatal overdoses. The table below displays overdose rates per 100,000 for Kentucky and the Lake Cumberland District.

Drug Overdose Counts by State and Counties

Fatal Overdose		Any Substance			Any Opioid (other than heroin)			Heroin		
		2018	2019	2020	2018	2019	2020	2018	2019	2020
Kentucky		1,250	1,316	1,964	943	988	1,594	130	143	111
	Adair	*	*	*	*	*	*	0	0	0
	Casey	5	6	*	*	*	*	*	0	0
	Clinton	*	*	7	*	*	5	0	0	0
	Cumberland	0	0	0	0	0	0	0	0	0
	Green	*	*	0	*	*	0	0	*	0
	McCreary	*	0	*	*	0	*	*	0	0
	Pulaski	10	14	24	9	11	17	0	5	0
	Russell	6	8	*	5	*	*	0	0	0
	Taylor	8	6	14	6	*	11	0	0	*
	Wayne	*	*	8	*	0	*	0	0	*
Non - Fatal Overdose		Any Substance			Any Opioid (other than heroin)			Heroin		
		2018	2019	2020	2018	2019	2020	2018	2019	2020
Kentucky		11,883	11,390	12,894	5,121	4,879	6,268	3,625	3,265	3,748
	Adair	37	28	41	6	*	14	6	*	10
	Casey	55	47	42	8	6	7	*	*	*
	Clinton	9	20	18	*	*	*	0	0	*
	Cumberland	10	12	11	*	*	*	*	0	0
	Green	28	26	19	6	6	*	*	*	*
	McCreary	23	16	32	*	*	10	0	*	0
	Pulaski	114	106	123	18	18	42	9	7	24
	Russell	37	22	29	*	*	5	0	*	5
	Taylor	93	78	128	28	26	49	19	21	29
	Wayne	27	33	38	5	7	9	*	*	6

Source: Kentucky Injury Prevention and Research Center (KIPRC), 2020

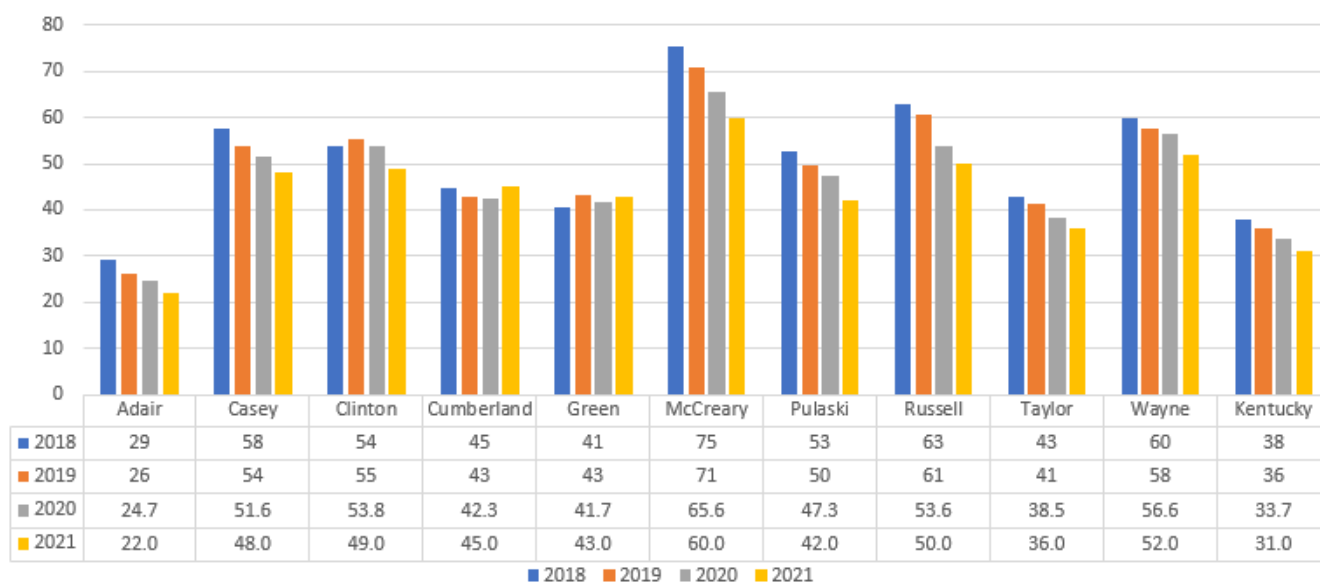




# TEEN BIRTH RATES

Nationally and in Kentucky teen birth rates continue to decline. This trend remains true for eight counties in the Lake Cumberland District. Cumberland County and Green County teen birth rates have increased over the past year.

**Teen Births**  
Number of births per 1,000 female population ages 15-19



Source: County Health Rankings and Roadmaps, 2018 - 2021



# CRIMES

According to the Crimes in Kentucky Report 2020, there were approximately 293,087 crimes committed in Kentucky. That largest crimes in Kentucky are Assault Offenses, Drug/Narcotic Offenses and Larceny/Theft Offenses. Across the Lake Cumberland District there were 5,832 crimes committed. The table below shows the number of crimes by county.

Group A Offenses	Kentucky	Adair	Casey	Clinton	Cumberland	Green	McCreary	Pulaski	Russell	Taylor	Wayne
Animal Cruelty	436	0	0	0	0	0	0	0	0	0	0
Arson	172	0	0	2	1	0	0	0	0	0	0
Assault Offenses	31,478	33	46	39	21	10	29	62	33	47	30
Bribery	97	1	0	0	0	0	0	0	0	0	0
Burglary/Breaking and Entering	4,036	6	4	9	2	4	6	7	8	18	6
Counterfeiting/Forgery	2,501	5	0	0	1	0	1	5	0	1	0
Destruction/Damage/Vandalism of Property	4,912	10	4	8	4	0	4	13	5	8	5
Drug/Narcotic Offenses	60,699	129	54	80	129	9	41	192	59	109	60
Extortion/Blackmail	7	0	0	0	0	0	0	0	0	0	0
Fraud Offenses	2,598	7	0	4	0	1	3	12	0	2	1
Gambling Offenses	3	0	0	0	0	0	0	0	0	0	0
Homicide Offenses	607	2	0	0	0	0	0	3	0	0	0
Human Trafficking	9	1	0	0	0	0	0	0	0	0	0
Kidnapping/Abduction	1,030	0	2	1	0	1	2	4	0	0	4
Larceny/Theft Offenses	10,072	10	5	8	4	5	15	36	14	44	16
Motor Vehicle Theft	1,351	6	2	5	1	0	2	1	0	0	2
Pornography/Obscene Material	5,799	2	0	0	0	4	0	0	2	15	9
Prostitution Offenses	49	0	0	0	0	0	0	0	0	0	0
Robbery	1,044	0	0	1	0	0	0	0	0	1	1
Sex Offenses, Forcible	1,990	10	13	15	0	1	0	2	1	12	6
Sex Offenses, Nonforcible	506	0	11	0	0	1	0	3	0	2	0
Stolen Property Offenses (Receiving, etc.)	4,644	4	7	7	0	1	4	8	3	1	1
Weapon Law Violations	3,808	9	0	6	0	1	0	16	1	6	6
<b>Total Group A</b>	<b>137,848</b>	<b>235</b>	<b>148</b>	<b>185</b>	<b>163</b>	<b>38</b>	<b>107</b>	<b>364</b>	<b>126</b>	<b>266</b>	<b>147</b>
Group B Offenses	Kentucky	Adair	Casey	Clinton	Cumberland	Green	McCreary	Pulaski	Russell	Taylor	Wayne
Curfew/Loitering/Vagrancy Violations	30	0	0	0	0	0	1	0	0	0	0
Disorderly Conduct	5,942	11	50	14	5	4	10	7	5	20	5
Driving Under the Influence	18,883	50	30	26	40	5	21	45	17	45	14
Drunkenness	15,561	32	8	20	11	5	12	38	11	61	13
Family Offenses, Nonviolent	4,563	2	5	2	2	4	12	13	3	8	2
Liquor Law Violations	97	0	0	0	0	0	0	0	0	0	0
Peeping Tom	57	0	0	0	0	0	0	0	0	0	0
Runaway	53	0	0	0	0	0	0	0	0	0	0
Trespass of Real Property	5,076	4	1	11	1	56	5	5	5	16	1
All Other Offenses	104,977	115	103	22	65	74	161	568	152	191	188
<b>TOTAL Group B</b>	<b>155,239</b>	<b>214</b>	<b>152</b>	<b>95</b>	<b>124</b>	<b>107</b>	<b>209</b>	<b>616</b>	<b>193</b>	<b>341</b>	<b>223</b>
<b>Total Group A &amp; B</b>	<b>293,087</b>	<b>449</b>	<b>300</b>	<b>280</b>	<b>287</b>	<b>145</b>	<b>316</b>	<b>980</b>	<b>319</b>	<b>607</b>	<b>370</b>

Source: Crimes in Kentucky Report 2020, Kentucky State Police

# BEHAVIOR RISK FACTOR SURVEILLANCE (BRFS)

The Behavioral Risk Factor Surveillance System (BRFSS) is the nation's premier system of health-related telephone surveys that collect state data about U.S. residents regarding their health-related risk behaviors, chronic health conditions, and use of preventive services.

	United States	Kentucky	Lake Cumberland
<b>Alcohol Consumption</b>			
Adults who reported heavy drinking	6.30%	5.70%	6.00%
Adults who reported binge drinking	17.40%	15.80%	11.10%
<b>Arthritis</b>			
Adults who have arthritis	24.90%	32.40%	37.50%
<b>Cardiovascular Disease</b>			
Adults who have ever had a heart attack	4.20%	6.50%	10.20%
Adults who have a coronary heart disease	3.90%	6.20%	5.90%
Adults who have ever had a stroke	3.00%	4.70%	5.00%
<b>Cholesterol Awareness</b>			
Adults who had their blood cholesterol checked in the past five years	85.90%	86.80%	87.90%
Adults with high blood cholesterol	33%	38.10%	42.50%
<b>Depression</b>			
Adults who have ever been diagnosed with a depressive disorder	20.50%	24.30%	25.80%
<b>Diabetes</b>			
Adults who have diabetes	10.50%	12.90%	15.70%
<b>General Health Status</b>			
Adults who have health care coverage	82.40%	74.50%	69.60%
<b>Health Care Access/Coverage</b>			
Adults who have health care coverage	89.50%	92.50%	91.10%
Adults aged 18-64 who have health care coverage	87.30%	90.80%	89.80%
<b>HIV Screening Test</b>			
Adults who have ever been tested for HIV	36.10%	39.40%	30.20%
<b>Hypertension Awareness</b>			
Adults who have high blood pressure	32.30%	39.40%	48%
<b>Immunization</b>			
Adults aged 65+ who had a flu shot in past year	60.70%	60.80%	51.50%
Adults aged 65+ who have ever had a pneumococcal vaccination	75.40%	74.40%	66%
<b>Overweight and Obesity (BMI)</b>			
Adults who are overweight (BMI = 25.0 - 29.9)	35.30%	33.50%	33.50%
Adults who are obese (BMI >30.0)	31.30%	34.30%	37.60%
<b>Physical Activity</b>			
Adults who participate in any physical activity	74.40%	65.60%	57.60%
<b>Respiratory Disease</b>			
Adults who currently have asthma	9.40%	10.70%	10.40%
Adults who have COPD, emphysema or chronic bronchitis	6.50%	12.20%	14.60%
<b>Tobacco Use</b>			
Adults who are current smokers	17.10%	24.60%	29.70%

Source: Kentucky Behavior Risk Factor Surveillance Survey, 2018

# COUNTY HEALTH RANKINGS 2021

	Kentucky	Adair	Casey	Clinton	Cumberland	Green	McCreary	Pulaski	Russell	Taylor	Wayne
Health Outcomes		51	83	81	49	59	106	68	84	53	64
Length of Life		32	76	46	35	57	92	81	82	47	40
Premature death	9,500	8,900	10,800	9,500	9,000	9,800	11,900	11,000	11,100	9,500	9,200
Quality of Life		67	85	98	65	63	115	45	76	64	78
Poor or fair health	22%	27%	31%	31%	27%	27%	35%	25%	28%	25%	30%
Poor physical health days	4.6	5.7	6.4	6.4	5.9	5.7	6.9	5.5	6	5.5	6.1
Poor mental health days	5.0	5.8	6.0	5.9	5.8	5.8	6.5	5.3	5.7	5.5	5.7
Low birthweight	9%	8%	8%	10%	8%	8%	10%	8%	9%	9%	9%
Life expectancy	75.6	76.5	75.3	75.2	74.9	75.1	71.9	74.2	74.1	75.1	76.6
Premature age-adjusted mortality	470	440	520	500	470	470	670	530	550	500	470
Child mortality	60	80					70	70	60	40	70
Infant mortality	6							6			
Frequent physical distress	14%	18%	20%	21%	18%	18%	23%	18%	18%	17%	20%
Frequent mental distress	17%	19%	20%	21%	19%	19%	22%	19%	19%	18%	20%
Diabetes prevalence	13%	14%	14%	12%	13%	13%	17%	15%	15%	10%	17%
HIV prevalence	196							86			
Health Factors		77	98	94	82	63	111	62	85	37	93
Health Behaviors		68	86	83	49	63	116	60	78	56	100
Adult smoking	24%	27%	29%	30%	27%	28%	33%	24%	27%	25%	28%
Adult obesity	35%	40%	29%	38%	34%	36%	38%	39%	35%	39%	42%
Food environment index	6.9	7.2	7.0	7.5	7.7	7.1	6.1	6.7	7.4	6.6	6.4
Physical inactivity	29%	34%	32%	36%	22%	27%	33%	34%	38%	37%	37%
Access to exercise opportunities	71%	60%	0%	30%	11%	8%	100%	73%	84%	83%	65%
Excessive drinking	17%	15%	15%	14%	15%	15%	12%	15%	14%	15%	15%
Alcohol-impaired driving deaths	25%	18%	60%	0%	30%	15%	33%	28%	31%	13%	15%
Sexually transmitted infections	436.4	272.0	165.1	194.6	119.3	180.8	274.8	290.2	376.9	353.3	299.3
Teen births	31	22	48	49	45	43	60	42	50	36	52
Food insecurity	15%	16%	18%	17%	15%	16%	23%	17%	17%	18%	19%
Limited access to healthy foods	6%	5%	3%	0%	1%	6%	1%	8%	0%	8%	8%
Drug overdose deaths	32	17	36					21	34	30	18
Motor vehicle crash deaths	17	28	26	24	36	32	30	19	27	17	19
Insufficient sleep	42%	43%	46%	44%	43%	42%	49%	42%	43%	44%	44%
Clinical Care		87	120	113	115	104	101	42	63	37	72
Uninsured	7%	8%	8%	9%	7%	8%	7%	8%	8%	7%	8%
Primary care physicians	1,540:1	2,750:1	15,890:1	2,550:1	2,220:1	5,520:1	8,700:1	1,290:1	2,970:1	1,420:1	1,860:1
Dentists	1,490:1	4,800:1	8,080:1	5,110:1	2,200:1	2,740:1	8,620:1	1,330:1	2,990:1	2,860:1	3,390:1
Mental health providers	420:1	490:1	950:1	570:1	440:1	730:1	960:1	300:1	690:1	480:1	810:1
Preventable hospital stays	5,615	6,026	11,072	8,432	10,808	6,639	5,151	3,956	3,533	5,884	4,207
Mammography screening	40%	39%	29%	27%	28%	32%	26%	34%	39%	41%	30%
Flu vaccinations	46%	31%	34%	35%	15%	38%	27%	35%	32%	42%	26%
Uninsured adults	8%	9%	9%	10%	8%	9%	9%	9%	9%	8%	9%
Uninsured children	4%	4%	6%	5%	4%	6%	4%	4%	5%	4%	4%
Other primary care providers	680:1	1,070:1	1,010:1	2,040:1	730:1	1,370:1	590:1	800:1	1,280:1	830:1	1,020:1

Source: County Health Rankings and Roadmaps, 2021

# COUNTY HEALTH RANKINGS 2021

	Kentucky	Adair	Casey	Clinton	Cumberland	Green	McCreary	Pulaski	Russell	Taylor	Wayne
Social & Economic Factors		82	89	94	86	42	105	75	88	33	96
High school completion	86%	80%	76%	73%	82%	75%	77%	83%	78%	87%	75%
Some college	62%	47%	39%	40%	47%	53%	41%	57%	51%	60%	40%
Unemployment	4.3%	5.3%	4.2%	5.5%	4.2%	4.4%	6.0%	4.7%	5.7%	4.3%	5.8%
Children in poverty	21%	30%	33%	33%	33%	23%	44%	31%	32%	21%	33%
Social associations	5	4.6	5.4	4.5	5.3	4.6	5.5	5.7	5	4.8	4.8
Children in single-parent households	26%	19%	24%	20%	31%	19%	28%	29%	26%	29%	22%
Income inequality	10.6	4.7	5.7	4.9	4.5	14.5	2.9	9.6	9	14.5	8.3
Violent crime	222	40	35	54	37	32	36	119	70	161	78
Injury deaths	96	93	123	106	111	98	93	95	111	95	96
High school graduation	91%	98%	98%	98%	98%	93%	98%	97%	97%	98%	94%
Disconnected youth	7%		15%					14%			
Reading scores	3.1	2.8	3	2.7	3	3.3	3.1	3.5	3.2	3.1	3.1
Math scores	3	2.9	3.1	2.6	3.1	3.3	3	3.4	3.1	3.3	3.3
Median household income	\$52,300	\$37,700	\$34,800	\$34,000	\$34,900	\$38,900	\$32,700	\$43,600	\$44,100	\$48,500	\$34,400
Children eligible for free or reduced price lunch	57%	69%	69%	75%	81%	60%	80%	67%	71%	61%	78%
Residential segregation - Black/White	60	55			42	42		50		21	49
Residential segregation - non-white/white	51	47	27	35	16	30		29	52	27	50
Homicides	6							5			
Suicides	17	18	35				18	19	20	11	19
Firearm fatalities	16	14	23				15	18	24	13	24
Physical Environment		55	10	14	4	27	118	60	76	38	46
Air pollution - particulate matter	8.7	8.8	8.7	8.6	8.6	8.7	9	8	8.7	8.7	8.7
Drinking water violations		No	No	No	No	No	No	No	No	No	No
Severe housing problems	14%	12%	9%	10%	11%	12%	23%	17%	14%	14%	13%
Driving alone to work	82%	85%	80%	84%	78%	80%	84%	88%	87%	83%	83%
Long commute - driving alone	31%	31%	44%	17%	30%	43%	45%	22%	25%	23%	31%
Traffic volume	303	13	19	4	0	0	27	106	25	97	77
Homeownership	67%	76%	77%	70%	73%	74%	70%	69%	74%	60%	74%
Severe housing cost burden	12%	9%	8%	8%	10%	11%	16%	14%	11%	10%	10%
Broadband access	78%	69%	69%	56%	64%	69%	57%	72%	66%	77%	63%
Note: Blank values reflect unreliable or missing data											

Source: County Health Rankings and Roadmaps, 2021



# COMMUNITY HEALTH DATA



### POPULATION<sup>1</sup>

**18,903**

District: 206,583  
KY: 4,505,836



### MEDIAN HOUSEHOLD INCOME<sup>1</sup>

**\$38,021**

District: \$36,220  
KY: \$50,589



### UNEMPLOYMENT<sup>2</sup>

**3.1%**

District: 2.9%  
KY: 4.1%



### CHILDREN W/ SINGLE PARENT<sup>3</sup>

**19%**

District: 25%  
KY: 26%



### GRANDPARENTS RESPONSIBLE FOR GRANDCHILDREN<sup>3</sup>

**73.1%**

District: 58.8%  
KY: 52.1%



### POVERTY ALL PEOPLE<sup>3</sup>

**20.5%**

District: 23.2%  
KY: 16.3%

Sources: <sup>1</sup>US Census Bureau Quick Facts July 2021; <sup>2</sup>US Department for Labor November 2021 Preliminary;  
<sup>3</sup>US Census Bureau, American Community Survey 2015-2019



## ADAIR COUNTY

The Adair County W.A.T.C.H. Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018.

### Adair County W.A.T.C.H. Coalition Vision Statement:

Adair County is an educated, productive, community united and empowered to create and access opportunities and resources to achieve a healthy lifestyle.



#### ADULT OBESITY

**40%**

District: 37%  
KY: 35%



#### ADULT SMOKING

**27%**

District: 27.8%  
KY: 24%



#### DIABETES PREVALENCE

**14%**

District: 14%  
KY: 13%



#### DRUG OVERDOSE DEATHS

**17**

District: 26  
KY: 32



#### EXCESSIVE DRINKING

**15%**

District: 15%  
KY: 17%



#### TEEN BIRTH RATE

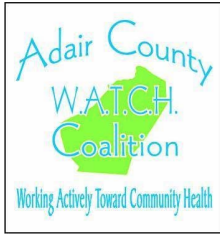
**22**

District: 45  
KY: 31

Sources: County Health Rankings 2021



# ADAIR COUNTY: RESOURCES OR ASSETS INVENTORY



## **Adair County (Working Actively Toward Community Health) W.A.T.C.H. Coalition**

The priority health issues selected are Obesity/Physical Inactivity, Substance Use and Tobacco Use. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Adair County residents.

### **Obesity/Physical Inactivity**

- Jim Blair Community Center - outside walking track with story walk playground, ball field
- Adair County School System - open campus for walkers/runners with lighting
- Columbia City Park - basketball court, tennis court, handicap accessible playground
- Holloway Health and Wellness Center - membership required
- Flex Appeal Fitness - paid membership
- Healthy Kids Clinic
- Adair County Cooperative Extension Service - health and wellness focused classes
- Little League Park-after school leagues with fees
- Adair Farmers Market - Kids Bucks, Hungry Kids Café, weekly educational programs
- Adair County WATCH Coalition - support community efforts
- Diabetes Education -gentle chair exercise
- Food Pantry
- KY Trail Town
- Family Resource/YSC/21st Century After School grants

### **Substance Use**

- Health Department community training on ACEs
- Victim Advocate
- Lake Cumberland Community Action Agency
- HANDS
- ADANTA
- Adair County ASAP Programs
- Celebrate Recovery
- Lindsey Wilson College Counseling Program
- LCDHD RHOP, Syringe Exchange, Ryan White Program
- Joy Ministries

### **Tobacco**

- LCDHD Tobacco grant working with youth
- LCDHD Quit line promotion
- Adair County ASAP
- Middle and High School Youth Coalitions
- Adair County Schools Sources of Strength
- ADANTA RPC
- Family Resource Center/YSC

# Adair County Profile

		KENTUCKY			ADAIR			
		BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
ECONOMIC SECURITY	<b>CHILDREN IN POVERTY</b> (below 100% of the federal poverty level)	25.9% 2014	20.9% 2019	✓	38.3% 2014	29.8% 2019	✓	82 of 120
	<b>CHILDREN IN LOW-INCOME FAMILIES</b> (below 200% of the federal poverty level)	49% 2010-14	45% 2015-19	✓	54% 2010-14	56% 2015-19	✗	71 of 120
	<b>CHILDREN LIVING IN FOOD INSECURE HOUSEHOLDS</b>	—	17.9% 2019	—	—	21.1% 2019	—	69 of 120
	<b>HIGH RENTAL COST BURDEN</b>	49% 2010-14	45% 2015-19	✓	39% 2010-14	45% 2015-19	✗	66 of 119
EDUCATION	<b>OUT-OF-SCHOOL SUSPENSIONS</b> (rate per 100 students enrolled)	7.7 SY 2013-14	9.6 SY 2018-19	✗	9.4% SY 2013-14	11.5 SY 2018-19	✗	140 of 168
	<b>HIGH SCHOOL STUDENTS GRADUATING ON TIME</b>	88.6% SY 2015-16	90% SY 2020-21	✓	98.5% SY 2015-16	95.2% SY 2020-21	✗	49 of 167
	<b>STUDENTS WITH AN INDIVIDUALIZED EDUCATION PLAN</b>	—	16% SY 2020-21	—	—	14% SY 2020-21	—	
	<b>STUDENT HOMELESSNESS</b>	4% SY 2015-16	3% SY 2020-21	✓	4% SY 2015-16	S+ SY 2020-21	N/A	

✓ Better    = No Change    ✗ Worse    — Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

\*Changes were not tested for statistical significance. \*\*Some counties and school districts not included in rankings due to data suppression or unavailable data.

S+ = Data suppressed by the source. LNE = Rate not calculated for fewer than 6 events. N/A = No change calculated due to data suppression.

# Adair County Profile

		KENTUCKY			ADAIR			
		BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
HEALTH	SMOKING DURING PREGNANCY	19.8% 2012-14	16.7% 2017-19	✓	23.7% 2012-14	24.6% 2017-19	✗	77 of 120
	LOW-BIRTHWEIGHT BABIES	8.7% 2012-14	8.8% 2017-19	✗	8.1% 2012-14	7.6% 2017-19	✓	21 of 120
	CHILDREN UNDER 19 WITH HEALTH INSURANCE	95.5% 2014	95.7% 2019	✓	94.2% 2014	95.4% 2019	✓	61 of 120
	YOUNG ADULTS (AGES 19-25) WITH HEALTH INSURANCE	—	90% 2015-19	—	—	91% 2015-19	—	47 of 120
	TEEN BIRTHS (rate per 1,000 females ages 15-19)	37.7 2012-14	28.2 2017-19	✓	28.3 2012-14	17.7 2017-19	✓	9 of 119
FAMILY & COMMUNITY	BIRTHS TO MOTHERS WITHOUT A HIGH SCHOOL DEGREE	15.2% 2012-14	13.3% 2017-19	✓	11.7% 2012-14	11.9% 2017-19	✗	35 of 120
	CHILDREN IN FOSTER CARE (rate per 1,000 children ages 0-17)	39.2 2013-15	53.7 2018-20	✗	25.6 2013-15	61.8 2018-20	✗	86 of 120
	CHILDREN EXITING FOSTER CARE TO REUNIFICATION	40% 2013-15	37% 2018-20	✗	53% 2013-15	44% 2018-20	✗	36 of 116
	YOUTH INCARCERATED IN THE JUVENILE JUSTICE SYSTEM (rate per 1,000 children ages 10-17)	30.9 2013-15	22.4 2018-20	✓	22.5 2013-15	8.8 2018-20	✓	15 of 114

 Better 
  No Change 
  Worse 
  Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

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# CASEY COUNTY



## POPULATION<sup>1</sup>

**15,941**

District: 206,583  
KY: 4,505,836



## MEDIAN HOUSEHOLD INCOME<sup>1</sup>

**\$34,819**

District: \$36,220  
KY: \$50,589



## UNEMPLOYMENT<sup>2</sup>

**2.7%**

District: 2.9%  
KY: 4.1%



## CHILDREN W/ SINGLE PARENT<sup>3</sup>

**24%**

District: 25%  
KY: 26%



## GRANDPARENTS RESPONSIBLE FOR GRANDCHILDREN<sup>3</sup>

**48.4%**

District: 58.8%  
KY: 52.1%



## POVERTY ALL PEOPLE<sup>3</sup>

**25.5%**

District: 23.2%  
KY: 16.3%

Sources: <sup>1</sup>US Census Bureau Quick Facts July 2021; <sup>2</sup>US Department for Labor November 2021 Preliminary;  
<sup>3</sup>US Census Bureau, American Community Survey 2015-2019

## CASEY COUNTY

The Casey Health Empowerment Coalition (CHEC) completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018.

### Casey Health Empowerment Coalition (CHEC) Vision Statement:

Casey County will be a united community focusing on active, healthy lifestyles free of drugs, violence and tobacco.



#### ADULT OBESITY

**29%**

District: 37%  
KY: 35%



#### ADULT SMOKING

**29%**

District: 27.8%  
KY: 24%



#### DIABETES PREVALENCE

**14%**

District: 14%  
KY: 13%



#### DRUG OVERDOSE DEATHS

**36**

District: 26  
KY: 32



#### EXCESSIVE DRINKING

**15%**

District: 15%  
KY: 17%



#### TEEN BIRTH RATE

**48**

District: 45  
KY: 31

Sources: County Health Rankings 2021

# CASEY COUNTY: RESOURCES OR ASSETS INVENTORY



## Casey County Community Health Empowerment Coalition (CHEC)

The priority health issues selected are Substance/Tobacco Use and Physical Inactivity/Obesity. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Casey County residents.

### Substance Use/Tobacco



- ADANTA
- Casey County Health Empowerment Coalition
- Casey County ASAP
- Drug Free Community Grant
- LCDHD Quitline Promotion
- LCDHD Freedom From Smoking Classes
- Healthy Kids Clinic
- Family Resource /YSC
- LCDHD RHOP / Ryan White
- Health Department community training on ACEs
- LCDHD Teen Pregnancy Prevention Grant
- Liberty Ranch: Alcohol and Drug Recovery Home

### Physical Inactivity/Obesity

- Casey Health Empowerment Coalition
- UK Extension Programs / 4-H
- Casey County School System - multiple grants
- Healthy Kids Clinic
- Family Resource / YSC / 21st Century Grants afterschool
- Farmers Market
- Liberty Crossing
- Veterans Park
- Central KY AG/Expo Center
- Gateway Park
- Little League Programs -paid
- Mission Fit Gym - membership
- Casey County Explorers walking club



# Casey County Profile























		KENTUCKY			CASEY			
		BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
<b>ECONOMIC SECURITY</b> 	<b>CHILDREN IN POVERTY</b> (below 100% of the federal poverty level)	25.9% 2014	20.9% 2019	✓	42.6% 2014	32.9% 2019	✓	98 of 120
	<b>CHILDREN IN LOW-INCOME FAMILIES</b> (below 200% of the federal poverty level)	49% 2010-14	45% 2015-19	✓	63% 2010-14	61% 2015-19	✓	96 of 120
	<b>CHILDREN LIVING IN FOOD INSECURE HOUSEHOLDS</b>	—	17.9% 2019	—	—	21.7% 2019	—	75 of 120
	<b>HIGH RENTAL COST BURDEN</b>	49% 2010-14	45% 2015-19	✓	41% 2010-14	45% 2015-19	✗	66 of 119
<b>School district level data &amp; rankings</b> <b>EDUCATION</b> 	<b>OUT-OF-SCHOOL SUSPENSIONS</b> (rate per 100 students enrolled)	7.7 SY 2013-14	9.6 SY 2018-19	✗	4.7 SY 2013-14	7.6 SY 2018-19	✗	92 of 168
	<b>HIGH SCHOOL STUDENTS GRADUATING ON TIME</b>	88.6% SY 2015-16	90% SY 2020-21	✓	97.4% SY 2015-16	95.4% SY 2020-21	✗	43 of 167
	<b>STUDENTS WITH AN INDIVIDUALIZED EDUCATION PLAN</b>	—	16% SY 2020-21	—	—	18% SY 2020-21	—	
	<b>STUDENT HOMELESSNESS</b>	4% SY 2015-16	3% SY 2020-21	✓	2% SY 2015-16	S+ SY 2020-21	N/A	

 Better
  No Change
  Worse
  Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

\*Changes were not tested for statistical significance. \*\*Some counties and school districts not included in rankings due to data suppression or unavailable data.

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# Casey County Profile

	KENTUCKY			CASEY			
	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
HEALTH 	SMOKING DURING PREGNANCY	19.8% 2012-14	16.7% 2017-19		29.2% 2012-14	21.0% 2017-19	 <b>53</b> of 120
	LOW-BIRTHWEIGHT BABIES	8.7% 2012-14	8.8% 2017-19		8.8% 2012-14	7.4% 2017-19	 <b>15</b> of 120
	CHILDREN UNDER 19 WITH HEALTH INSURANCE	95.5% 2014	95.7% 2019		93.4% 2014	93.6% 2019	 <b>112</b> of 120
	YOUNG ADULTS (AGES 19-25) WITH HEALTH INSURANCE		90% 2015-19			73% 2015-19	 <b>118</b> of 120
	TEEN BIRTHS (rate per 1,000 females ages 15-19)	37.7 2012-14	28.2 2017-19		58.1 2012-14	40.7 2017-19	 <b>89</b> of 119
FAMILY & COMMUNITY 	BIRTHS TO MOTHERS WITHOUT A HIGH SCHOOL DEGREE	15.2% 2012-14	13.3% 2017-19		31.8% 2012-14	29.9% 2017-19	 <b>117</b> of 120
	CHILDREN IN FOSTER CARE (rate per 1,000 children ages 0-17)	39.2 2013-15	53.7 2018-20		28.7 2013-15	19.4 2018-20	 <b>2</b> of 120
	CHILDREN EXITING FOSTER CARE TO REUNIFICATION	40% 2013-15	37% 2018-20		37% 2013-15	29% 2018-20	 <b>98</b> of 116
	YOUTH INCARCERATED IN THE JUVENILE JUSTICE SYSTEM (rate per 1,000 children ages 10-17)	30.9 2013-15	22.4 2018-20		17.8 2013-15	5.4 2018-20	 <b>5</b> of 114

 Better 
  No Change 
  Worse 
  Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

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# CLINTON COUNTY



## POPULATION<sup>1</sup>

**9,253**

District: 206,583  
KY: 4,505,836



## MEDIAN HOUSEHOLD INCOME<sup>1</sup>

**\$32,184**

District: \$36,220  
KY: \$50,589



## UNEMPLOYMENT<sup>2</sup>

**3.0%**

District: 2.9%  
KY: 4.1%



## CHILDREN W/ SINGLE PARENT<sup>3</sup>

**20%**

District: 25%  
KY: 26%



## GRANDPARENTS RESPONSIBLE FOR GRANDCHILDREN<sup>3</sup>

**47.9%**

District: 58.8%  
KY: 52.1%



## POVERTY ALL PEOPLE<sup>3</sup>

**24.1%**

District: 23.2%  
KY: 16.3%

Sources: <sup>1</sup>US Census Bureau Quick Facts July 2021; <sup>2</sup>US Department for Labor November 2021 Preliminary;  
<sup>3</sup>US Census Bureau, American Community Survey 2015-2019

## CLINTON COUNTY

The Clinton County Health Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018.

### Clinton County Health Coalition Vision Statement:

Improving the overall health and quality of life of the Clinton County population by teaching individual's responsibility, providing education, wellness opportunities, and allocating resources throughout the community.



### PRIORITY HEALTH ISSUES:



- 1 Obesity
- 2 Substance Use
- 3 Food Insecurity



#### ADULT OBESITY

**38%**

District: 37%  
KY: 35%



#### ADULT SMOKING

**30%**

District: 27.8%  
KY: 24%



#### DIABETES PREVALENCE

**12%**

District: 14%  
KY: 13%



#### DRUG OVERDOSE DEATHS

**n/a**

District: 26  
KY: 32



#### EXCESSIVE DRINKING

**14%**

District: 15%  
KY: 17%



#### TEEN BIRTH RATE

**49**

District: 45  
KY: 31

Sources: County Health Rankings 2021

# CLINTON COUNTY: RESOURCES OR ASSETS INVENTORY

## **Clinton County Health Coalition**

The priority health issues selected are Obesity, Substance Abuse and Food Insecurity. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Clinton County residents.

### **Obesity**

- Mountain View Park - walking trail, basketball goals, play equipment
- Clinton County Public Library - health and wellness focused classes, walking club
- Clinton County Schools-Family Resource Center - exercise programs
- Clinton County Cooperative Extension Service - health and wellness focused classes
- Twin Lakes Family Wellness Center - exercise equipment, exercise classes, swimming
- Clinton County Senior Center - fitness program for elderly
- Medical Center of Albany - health Care
- Clearfork Baptist Church - walking trail
- Albany Elementary School - walking trail for students
- Health Department - WIC, nutrition education



### **Substance Abuse**

- ADANTA programs - counseling, prevention, treatment
- Clinton County ASAP programs - prevention and treatment, raise awareness,
- Health Department - Freedom From Smoking classes
- Clinton County Resource Directory - various treatment options
- AA and NA - Substance Use Support programs
- Community Based Interventions - counseling, prevention, treatment
- Passages of Kentucky - drug treatment (outpatient)

### **Food Insecurity**

- Farmers Market - local produce
- Days of Grace Food Pantry - food pantry (free food weekly)
- Home Health Agencies - elderly meal support
- Migrant Program - provide food
- Ministerial Program - food Pantry and help with food when needed
- LCCA - emergency food when needed

# Clinton County Profile

		KENTUCKY			CLINTON			
		BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
<b>ECONOMIC SECURITY</b> 	<b>CHILDREN IN POVERTY</b> (below 100% of the federal poverty level)	25.9% 2014	20.9% 2019	✓	37.5% 2014	32.6% 2019	✓	97 of 120
	<b>CHILDREN IN LOW-INCOME FAMILIES</b> (below 200% of the federal poverty level)	49% 2010-14	45% 2015-19	✓	72% 2010-14	74% 2015-19	✗	117 of 120
	<b>CHILDREN LIVING IN FOOD INSECURE HOUSEHOLDS</b>	—	17.9% 2019	—	—	23.2% 2019	—	89 of 120
	<b>HIGH RENTAL COST BURDEN</b>	49% 2010-14	45% 2015-19	✓	45% 2010-14	35% 2015-19	✓	12 of 119
<b>School district level data &amp; rankings</b> <b>EDUCATION</b> 	<b>OUT-OF-SCHOOL SUSPENSIONS</b> (rate per 100 students enrolled)	7.7 SY 2013-14	9.6 SY 2018-19	✗	5.8 SY 2013-14	18.3 SY 2018-19	✗	161 of 168
	<b>HIGH SCHOOL STUDENTS GRADUATING ON TIME</b>	88.6% SY 2015-16	90% SY 2020-21	✓	95.0% SY 2015-16	96.6% SY 2020-21	✓	29 of 167
	<b>STUDENTS WITH AN INDIVIDUALIZED EDUCATION PLAN</b>	—	16% SY 2020-21	—	—	20% SY 2020-21	—	
	<b>STUDENT HOMELESSNESS</b>	4% SY 2015-16	3% SY 2020-21	✓	1% SY 2015-16	4% SY 2020-21	✗	65 of 117

 Better 
  No Change 
  Worse 
  Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

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# Clinton County Profile

		KENTUCKY			CLINTON			
		BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
HEALTH	SMOKING DURING PREGNANCY	19.8% 2012-14	16.7% 2017-19	✓	27.7% 2012-14	24.1% 2017-19	✓	73 of 120
	LOW-BIRTHWEIGHT BABIES	8.7% 2012-14	8.8% 2017-19	✗	8.8% 2012-14	11.3% 2017-19	✗	110 of 120
	CHILDREN UNDER 19 WITH HEALTH INSURANCE	95.5% 2014	95.7% 2019	✓	94.9% 2014	95.2% 2019	✓	73 of 120
	YOUNG ADULTS (AGES 19-25) WITH HEALTH INSURANCE	—	90% 2015-19	—	—	92% 2015-19	—	40 of 120
	TEEN BIRTHS (rate per 1,000 females ages 15-19)	37.7 2012-14	28.2 2017-19	✓	58.4 2012-14	28.0 2017-19	✓	32 of 119
FAMILY & COMMUNITY	BIRTHS TO MOTHERS WITHOUT A HIGH SCHOOL DEGREE	15.2% 2012-14	13.3% 2017-19	✓	23.7% 2012-14	20.6% 2017-19	✓	101 of 120
	CHILDREN IN FOSTER CARE (rate per 1,000 children ages 0-17)	39.2 2013-15	53.7 2018-20	✗	62.5 2013-15	80.7 2018-20	✗	101 of 120
	CHILDREN EXITING FOSTER CARE TO REUNIFICATION	40% 2013-15	37% 2018-20	✗	36% 2013-15	16% 2018-20	✗	112 of 116
	YOUTH INCARCERATED IN THE JUVENILE JUSTICE SYSTEM (rate per 1,000 children ages 10-17)	30.9 2013-15	22.4 2018-20	✓	8.0 2013-15	11.4 2018-20	✗	32 of 114

 Better
  No Change
  Worse
  Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

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# CUMBERLAND COUNTY



## POPULATION<sup>1</sup>

**5,888**

District: 206,583  
KY: 4,505,836



## MEDIAN HOUSEHOLD INCOME<sup>1</sup>

**\$35,344**

District: \$36,220  
KY: \$50,589



## UNEMPLOYMENT<sup>2</sup>

**2.3%**

District: 2.9%  
KY: 4.1%



## CHILDREN W/ SINGLE PARENT<sup>3</sup>

**31%**

District: 25%  
KY: 26%



## GRANDPARENTS RESPONSIBLE FOR GRANDCHILDREN<sup>3</sup>

**57.7%**

District: 58.8%  
KY: 52.1%



## POVERTY ALL PEOPLE<sup>3</sup>

**21.4%**

District: 23.2%  
KY: 16.3%

Sources: <sup>1</sup>US Census Bureau Quick Facts July 2021; <sup>2</sup>US Department for Labor November 2021 Preliminary;  
<sup>3</sup>US Census Bureau, American Community Survey 2015-2019

## CUMBERLAND COUNTY

The Cumberland County Health Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018.

### Cumberland County Health Coalition Vision Statement:

To enhance the physical, emotional, and spiritual health of all those who live, work and play in Cumberland County now and for generations to come.



### PRIORITY HEALTH ISSUES:



1 Chronic Disease



2 Substance Use



#### ADULT OBESITY

**34%**

District: 37%  
KY: 35%



#### ADULT SMOKING

**27%**

District: 27.8%  
KY: 24%



#### DIABETES PREVALENCE

**13%**

District: 14%  
KY: 13%



#### DRUG OVERDOSE DEATHS

**n/a**

District: 26  
KY: 32



#### EXCESSIVE DRINKING

**15%**

District: 15%  
KY: 17%



#### TEEN BIRTH RATE

**45**

District: 45  
KY: 31

Sources: County Health Rankings 2021

# CUMBERLAND COUNTY: RESOURCES OR ASSETS INVENTORY



## Cumberland County Health Coalition

The priority health issues selected are Chronic Disease and Substance Use and Abuse. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Cumberland County residents.

### Chronic Disease

- Tobacco Free School campus
- Veterans Center exercise facility
- Cumberland County Cooperative Extension Service
- (2) Farmers' Markets
- Cumberland County Health Department-Health Promotion and Policy, Wellness and Outreach, WIC
- Cumberland County Hospital
- Feed My Sheep Pantry
- The Mighty Cumberland River Run
- Southern KY Softball Tournament
- Mayor's goal of establishing a wellness center
- Dr. Joseph Schickel Veterans Memorial Park
- Hill Top Park
- Lake Cumberland Community Action Agency
- City of Burkesville walkability
- Dale Hollow Lake State Park
- Salem Park
- Marrowbone Park
- Dog House Gym
- Cumberland Family Medical

### Substance Use and Abuse

- Tobacco Free School campus
- Cumberland County Agency for Substance Abuse Policy Board
- ADANTA
- ADANTA Regional Prevention Center
- Family Resource Youth Service Center
- Public forums
- Burkesville City Police
- Cumberland County EMS
- AA Meetings
- Celebrate Recovery – Centerpoint Nazarene Church
- CBI- Community Based Interventions

# Cumberland County Profile























		KENTUCKY			CUMBERLAND			
		BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
ECONOMIC SECURITY	<b>CHILDREN IN POVERTY</b> (below 100% of the federal poverty level)	25.9% 2014	20.9% 2019	✓	37.8% 2014	33.1% 2019	✓	100 of 120
	<b>CHILDREN IN LOW-INCOME FAMILIES</b> (below 200% of the federal poverty level)	49% 2010-14	45% 2015-19	✓	67% 2010-14	52% 2015-19	✓	60 of 120
	<b>CHILDREN LIVING IN FOOD INSECURE HOUSEHOLDS</b>	—	17.9% 2019	—	—	18% 2019	—	39 of 120
	<b>HIGH RENTAL COST BURDEN</b>	49% 2010-14	45% 2015-19	✓	42% 2010-14	37% 2015-19	✓	16 of 119
EDUCATION	<b>OUT-OF-SCHOOL SUSPENSIONS</b> (rate per 100 students enrolled)	7.7 SY 2013-14	9.6 SY 2018-19	✗	13.0 SY 2013-14	3.3 SY 2018-19	✓	31 of 168
	<b>HIGH SCHOOL STUDENTS GRADUATING ON TIME</b>	88.6% SY 2015-16	90% SY 2020-21	✓	94.9% SY 2015-16	98.4% SY 2020-21	✓	10 of 167
	<b>STUDENTS WITH AN INDIVIDUALIZED EDUCATION PLAN</b>	—	16% SY 2020-21	—	—	17% SY 2020-21	—	
	<b>STUDENT HOMELESSNESS</b>	4% SY 2015-16	3% SY 2020-21	✓	10% SY 2015-16	6% SY 2020-21	✓	83 of 117

✓ Better = No Change ✗ Worse — Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

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# Cumberland County Profile

	KENTUCKY			CUMBERLAND			
	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
HEALTH 	SMOKING DURING PREGNANCY	19.8% 2012-14	16.7% 2017-19		23.7% 2012-14	21.1% 2017-19	 54 of 120
	LOW-BIRTHWEIGHT BABIES	8.7% 2012-14	8.8% 2017-19		5.9% 2012-14	8.3% 2017-19	 36 of 120
	CHILDREN UNDER 19 WITH HEALTH INSURANCE	95.5% 2014	95.7% 2019		94.0% 2014	95.3% 2019	 68 of 120
	YOUNG ADULTS (AGES 19-25) WITH HEALTH INSURANCE		90% 2015-19			87% 2015-19	 79 of 120
	TEEN BIRTHS (rate per 1,000 females ages 15-19)	37.7 2012-14	28.2 2017-19		47.9 2012-14	42.3 2017-19	 98 of 119
FAMILY & COMMUNITY 	BIRTHS TO MOTHERS WITHOUT A HIGH SCHOOL DEGREE	15.2% 2012-14	13.3% 2017-19		20.9% 2012-14	18.1% 2017-19	 92 of 120
	CHILDREN IN FOSTER CARE (rate per 1,000 children ages 0-17)	39.2 2013-15	53.7 2018-20		21.5 2013-15	34.6 2018-20	 25 of 120
	CHILDREN EXITING FOSTER CARE TO REUNIFICATION	40% 2013-15	37% 2018-20		43% 2013-15	63% 2018-20	 3 of 116
	YOUTH INCARCERATED IN THE JUVENILE JUSTICE SYSTEM (rate per 1,000 children ages 10-17)	30.9 2013-15	22.4 2018-20		38.1 2013-15	21.8 2018-20	 77 of 114

 Better 
  No Change 
  Worse 
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# GREEN COUNTY



## POPULATION<sup>1</sup>

**11,107**

District: 206,583  
KY: 4,505,836



## MEDIAN HOUSEHOLD INCOME<sup>1</sup>

**\$35,899**

District: \$36,220  
KY: \$50,589



## UNEMPLOYMENT<sup>2</sup>

**2.5%**

District: 2.9%  
KY: 4.1%



## CHILDREN W/ SINGLE PARENT<sup>3</sup>

**19%**

District: 25%  
KY: 26%



## GRANDPARENTS RESPONSIBLE FOR GRANDCHILDREN<sup>3</sup>

**48.7%**

District: 58.8%  
KY: 52.1%



## POVERTY ALL PEOPLE<sup>3</sup>

**18%**

District: 23.2%  
KY: 16.3%

Sources: <sup>1</sup>US Census Bureau Quick Facts July 2021; <sup>2</sup>US Department for Labor November 2021 Preliminary; <sup>3</sup>US Census Bureau, American Community Survey 2015-2019

## GREEN COUNTY

The Green County Health & Wellness Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018.

### Green County Health & Wellness Coalition Vision Statement:

All citizens united to provide a healthier tomorrow by focusing on one another to promote better lifestyle choices, education, resources and a safe environment for all who live work and play in Green County.



### PRIORITY HEALTH ISSUES:



- 1 Substance Use
- 2 Chronic Disease
- 3 Health Equity



#### ADULT OBESITY

**36%**

District: 37%  
KY: 35%



#### ADULT SMOKING

**28%**

District: 27.8%  
KY: 24%



#### DIABETES PREVALENCE

**13%**

District: 14%  
KY: 13%



#### DRUG OVERDOSE DEATHS

**n/a**

District: 26  
KY: 32



#### EXCESSIVE DRINKING

**15%**

District: 15%  
KY: 17%



#### TEEN BIRTH RATE

**43**

District: 45  
KY: 31

Sources: County Health Rankings 2021

# GREEN COUNTY: RESOURCES OR ASSETS INVENTORY



## Green County Health & Wellness Coalition

The priority health issues selected are Obesity, Substance Use and Health Inequities. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Green County residents.

### Obesity

- **American Legion Park** - exercise facilities
- **Green County Public Library** - health and wellness focused classes, walking club
- **Find Your Fit** - exercise classes
- **Wyatt Jeffries Woods** - hiking trail
- **Green County Schools-Family Resource Center** - Lunch and Learn program, exercise programs
- **Healthy Kids Clinic**
- **Green County Cooperative Extension Service** - health and wellness focused classes
- **GoNoodle** in the schools

### Substance Use

- **ADANTA** programs
- **Green County ASAP** programs
- **Freedom from Smoking** classes
- **Green County Resource Directory**
- **AA** program

### Health Inequities

- **Health Department** community training on ACEs
- **Victim Advocate**
- **Lake Cumberland Community Action Agency**
- **HANDS**

# Green County Profile

		KENTUCKY			GREEN			
		BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
ECONOMIC SECURITY	<b>CHILDREN IN POVERTY</b> (below 100% of the federal poverty level)	25.9% 2014	20.9% 2019	✓	29.6% 2014	23.2% 2019	✓	57 of 120
	<b>CHILDREN IN LOW-INCOME FAMILIES</b> (below 200% of the federal poverty level)	49% 2010-14	45% 2015-19	✓	53% 2010-14	49% 2015-19	✓	47 of 120
	<b>CHILDREN LIVING IN FOOD INSECURE HOUSEHOLDS</b>	—	17.9% 2019	—	—	20.3% 2019	—	60 of 120
	<b>HIGH RENTAL COST BURDEN</b>	49% 2010-14	45% 2015-19	✓	57% 2010-14	45% 2015-19	✓	66 of 119
School district level data & rankings								
EDUCATION	<b>OUT-OF-SCHOOL SUSPENSIONS</b> (rate per 100 students enrolled)	7.7 SY 2013-14	9.6 SY 2018-19	✗	4.1 SY 2013-14	5.4 SY 2018-19	✗	62 of 168
	<b>HIGH SCHOOL STUDENTS GRADUATING ON TIME</b>	88.6% SY 2015-16	90% SY 2020-21	✓	95.3% SY 2015-16	87.0% SY 2020-21	✗	146 of 167
	<b>STUDENTS WITH AN INDIVIDUALIZED EDUCATION PLAN</b>	—	16% SY 2020-21	—	—	21% SY 2020-21	—	
	<b>STUDENT HOMELESSNESS</b>	4% SY 2015-16	3% SY 2020-21	✓	S+ SY 2015-16	S+ SY 2020-21	N/A	


✓ Better    = No Change    ✗ Worse    — Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.













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# Green County Profile









HEALTH



	KENTUCKY			GREEN			
	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
SMOKING DURING PREGNANCY	19.8% 2012-14	16.7% 2017-19		23.5% 2012-14	12.9% 2017-19		12 of 120
LOW-BIRTHWEIGHT BABIES	8.7% 2012-14	8.8% 2017-19		8.1% 2012-14	7.6% 2017-19		21 of 120
CHILDREN UNDER 19 WITH HEALTH INSURANCE	95.5% 2014	95.7% 2019		93.1% 2014	93.5% 2019		116 of 120
YOUNG ADULTS (AGES 19-25) WITH HEALTH INSURANCE		90% 2015-19			90% 2015-19		53 of 120
TEEN BIRTHS (rate per 1,000 females ages 15-19)	37.7 2012-14	28.2 2017-19		49.0 2012-14	33.6 2017-19		59 of 119

FAMILY & COMMUNITY



BIRTHS TO MOTHERS WITHOUT A HIGH SCHOOL DEGREE	15.2% 2012-14	13.3% 2017-19		17.1% 2012-14	11.0% 2017-19		30 of 120
CHILDREN IN FOSTER CARE (rate per 1,000 children ages 0-17)	39.2 2013-15	53.7 2018-20		19.0 2013-15	24.5 2018-20		8 of 120
CHILDREN EXITING FOSTER CARE TO REUNIFICATION	40% 2013-15	37% 2018-20		58% 2013-15	33% 2018-20		81 of 116
YOUTH INCARCERATED IN THE JUVENILE JUSTICE SYSTEM (rate per 1,000 children ages 10-17)	30.9 2013-15	22.4 2018-20		18.9 2013-15	25.9 2018-20		87 of 114

 Better 
  No Change 
  Worse 
  Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

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# McCREARY COUNTY



## POPULATION<sup>1</sup>

**16,888**

District: 206,583  
KY: 4,505,836



## MEDIAN HOUSEHOLD INCOME<sup>1</sup>

**\$28,105**

District: \$36,220  
KY: \$50,589



## UNEMPLOYMENT<sup>2</sup>

**3.2%**

District: 2.9%  
KY: 4.1%



## CHILDREN W/ SINGLE PARENT<sup>3</sup>

**28%**

District: 25%  
KY: 26%



## GRANDPARENTS RESPONSIBLE FOR GRANDCHILDREN<sup>3</sup>

**90.9%**

District: 58.8%  
KY: 52.1%



## POVERTY ALL PEOPLE<sup>3</sup>

**33.4%**

District: 23.2%  
KY: 16.3%

Sources: <sup>1</sup>US Census Bureau Quick Facts July 2021; <sup>2</sup>US Department for Labor November 2021 Preliminary;  
<sup>3</sup>US Census Bureau, American Community Survey 2015-2019



## McCREARY COUNTY

The McCreary County Health Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018.

### McCreary County Health Coalition Vision Statement:

All citizens empowered to build a safe, healthy and drug free community with education and leading by example.



### PRIORITY HEALTH ISSUES:



- 1 Substance Use
- 2 Tobacco Use
- 3 Obesity
- 4 Teen Pregnancy



#### ADULT OBESITY

**38%**

District: 37%  
KY: 35%



#### ADULT SMOKING

**33%**

District: 27.8%  
KY: 24%



#### DIABETES PREVALENCE

**17%**

District: 14%  
KY: 13%



#### DRUG OVERDOSE DEATHS

**n/a**

District: 26  
KY: 32



#### EXCESSIVE DRINKING

**12%**

District: 15%  
KY: 17%



#### TEEN BIRTH RATE

**60**

District: 45  
KY: 31

Sources: County Health Rankings 2021

# MCCREARY COUNTY: RESOURCES OR ASSETS INVENTORY

## McCreary County Health and Wellness Coalition

The priority health issues selected are Substance Use, Tobacco Use, Obesity and Teen Pregnancy. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of McCreary County residents.

### Substance Use

- **ADANTA** - substance use counseling, outpatient treatment
- **Operation UNITE** - educational programs, funds some treatments
- **Celebrate Recovery** - support for addicts and families
- **Kentucky Moms** - case management
- **Champions** - educational programs
- **ASAP** - education, some treatments
- **Syringe exchange** - harm reduction
- **Schools** - implementing evidence based educational programs

### Tobacco Use

- **Operation UNITE** - educational programs
- **KY Quit Line** - outpatient cessation programs
- **Health Department** - educational programs, cessation programs
- **ASAP** - assist with NRT products
- **Schools** - tobacco free, implementing evidence based educational programs
- **Health Coalition** - advocates for smoke free initiatives and activities

### Obesity

- **Kristina's Kitchen** - cooking classes
- **Extension Office** - cooking classes, 4H program
- **Get Healthy McCreary County** - hiking and walking
- **McCreary County Park** - walking trails, basketball courts, family fun activities, sporting activities
- **The Lords Gym** - baseball fields, indoor basketball courts
- **Certified Trail Town**
- **Dyna Body**
- **McCreary County Tumble & Cheer**
- **Fitness Edge by Thrive**

### Teen Pregnancy

- **Schools** - Youth Service Centers, evidence-based education in the schools
- **KY Moms**
- **Baby Steps** - church group
- **Health Department** - pregnancy tests, HANDS

# McCreary County Profile























		KENTUCKY			MCCREARY			
		BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
ECONOMIC SECURITY	<b>CHILDREN IN POVERTY</b> (below 100% of the federal poverty level)	25.9% 2014	20.9% 2019	✓	50.2% 2014	43.6% 2019	✓	117 of 120
	<b>CHILDREN IN LOW-INCOME FAMILIES</b> (below 200% of the federal poverty level)	49% 2010-14	45% 2015-19	✓	69% 2010-14	73% 2015-19	✗	116 of 120
	<b>CHILDREN LIVING IN FOOD INSECURE HOUSEHOLDS</b>	—	17.9% 2019	—	—	27.9% 2019	—	104 of 120
	<b>HIGH RENTAL COST BURDEN</b>	49% 2010-14	45% 2015-19	✓	61% 2010-14	55% 2015-19	✓	110 of 119
EDUCATION	<b>OUT-OF-SCHOOL SUSPENSIONS</b> (rate per 100 students enrolled)	7.7 SY 2013-14	9.6 SY 2018-19	✗	10.8 SY 2013-14	10.3 SY 2018-19	✓	130 of 168
	<b>HIGH SCHOOL STUDENTS GRADUATING ON TIME</b>	88.6% SY 2015-16	90% SY 2020-21	✓	79.3% SY 2015-16	94.0% SY 2020-21	✓	65 of 167
	<b>STUDENTS WITH AN INDIVIDUALIZED EDUCATION PLAN</b>	—	16% SY 2020-21	—	—	22% SY 2020-21	—	
	<b>STUDENT HOMELESSNESS</b>	4% SY 2015-16	3% SY 2020-21	✓	<1% SY 2015-16	S+ SY 2020-21	N/A	

✓ Better    = No Change    ✗ Worse    — Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

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# McCreary County Profile

	KENTUCKY			MCCREARY			
	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
HEALTH 	SMOKING DURING PREGNANCY	19.8% 2012-14	16.7% 2017-19		30.5% 2012-14	26.9% 2017-19	 89 of 120
	LOW-BIRTHWEIGHT BABIES	8.7% 2012-14	8.8% 2017-19		10.9% 2012-14	8.7% 2017-19	 54 of 120
	CHILDREN UNDER 19 WITH HEALTH INSURANCE	95.5% 2014	95.7% 2019		95.3% 2014	96.2% 2019	 12 of 120
	YOUNG ADULTS (AGES 19-25) WITH HEALTH INSURANCE		90% 2015-19			88% 2015-19	 71 of 120
	TEEN BIRTHS (rate per 1,000 females ages 15-19)	37.7 2012-14	28.2 2017-19		83.4 2012-14	51.1 2017-19	 116 of 119
FAMILY & COMMUNITY 	BIRTHS TO MOTHERS WITHOUT A HIGH SCHOOL DEGREE	15.2% 2012-14	13.3% 2017-19		18.6% 2012-14	11.6% 2017-19	 32 of 120
	CHILDREN IN FOSTER CARE (rate per 1,000 children ages 0-17)	39.2 2013-15	53.7 2018-20		71.1 2013-15	108.5 2018-20	 117 of 120
	CHILDREN EXITING FOSTER CARE TO REUNIFICATION	40% 2013-15	37% 2018-20		45% 2013-15	34% 2018-20	 76 of 114
	YOUTH INCARCERATED IN THE JUVENILE JUSTICE SYSTEM (rate per 1,000 children ages 10-17)	30.9 2013-15	22.4 2018-20		19.6 2013-15	6.6 2018-20	 10 of 114

 Better 
  No Change 
  Worse 
  Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

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# PULASKI COUNTY



## POPULATION<sup>1</sup>

**65,034**

District: 206,583  
KY: 4,505,836



## MEDIAN HOUSEHOLD INCOME<sup>1</sup>

**\$39,998**

District: \$36,220  
KY: \$50,589



## UNEMPLOYMENT<sup>2</sup>

**3.1%**

District: 2.9%  
KY: 4.1%



## CHILDREN W/ SINGLE PARENT<sup>3</sup>

**29%**

District: 25%  
KY: 26%



## GRANDPARENTS RESPONSIBLE FOR GRANDCHILDREN<sup>3</sup>

**53.1%**

District: 58.8%  
KY: 52.1%



## POVERTY ALL PEOPLE<sup>3</sup>

**22.7%**

District: 23.2%  
KY: 16.3%

Sources: <sup>1</sup>US Census Bureau Quick Facts July 2021; <sup>2</sup>US Department for Labor November 2021 Preliminary;  
<sup>3</sup>US Census Bureau, American Community Survey 2015-2019

## PULASKI COUNTY

The Pulaski County Working on Wellness (WOW) Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018.

### Pulaski County Working on Wellness (WOW) Coalition Vision Statement:

A more livable Pulaski County through both personal and shared responsibility, for the overall health and well-being of our community.



### PRIORITY HEALTH ISSUES:



1 Chronic Disease



2 Substance Use



#### ADULT OBESITY

**39%**

District: 37%  
KY: 35%



#### ADULT SMOKING

**24%**

District: 27.8%  
KY: 24%



#### DIABETES PREVALENCE

**15%**

District: 14%  
KY: 13%



#### DRUG OVERDOSE DEATHS

**21**

District: 26  
KY: 32



#### EXCESSIVE DRINKING

**15%**

District: 15%  
KY: 17%



#### TEEN BIRTH RATE

**42**

District: 45  
KY: 31

Sources: County Health Rankings 2021

# PULASKI COUNTY: RESOURCES OR ASSETS INVENTORY



## **Pulaski County (Working on Wellness) WOW Coalition**

The priority health issues selected are Chronic Disease and Substance Use. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Pulaski County residents

### **Chronic Disease**

- **Center for Rural Development** - Health Fairs/Events
- **Children's Botanical Garden**
- **Health Department nutrition events**
- **Farmers Markets**
- **Fishing Creek Recreational Area**
- **Health Department diabetes education classes**
- **Kentucky Cancer Program**
- **Pulaski County Cooperative Extension Service** - health and wellness focused classes
- **Pulaski County Government Park & Recreation Areas**
- **Pulaski County Public Library** - health and wellness classes
- **Pulaski County Working on Wellness (WOW) Coalition**
- **Pulaski County, Somerset Independent, and Science Hill Schools FRYSC health programs**
- **City of Somerset** - Recreational Facilities (Rocky Hollow Recreation Area, SomerSplash Water Park, SomerSport Park)
- **Sierra Club** - hiking
- **Journey to Fitness walk/run series**
- **Phoenix Racing**

### **Substance Use**























- **Adanta Community Health Center**
- **Celebrate Recovery**
- **UNITE Coalition**
- **Pulaski County ASAP programs**
- **Freedom from Smoking Classes**
- **Quit Now Hotline**
- **AA programs**
- **Bethany House Abuse Shelter**
- **Sky Hope Center**
- **Syringe Exchange**



[illegible]

\*Changes were not tested for statistical significance. \*\*Some counties and school districts not included in rankings due to data suppression or unavailable data. S+ = Data suppressed by the source. LNE = Rate not calculated for fewer than 6 events. N/A = No change calculated due to data suppression. ~ = No high school.

# Pulaski County Profile

	KENTUCKY			PULASKI			
	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
HEALTH 	SMOKING DURING PREGNANCY	19.8% 2012-14	16.7% 2017-19		25.4% 2012-14	24.0% 2017-19	 <b>72</b> of 120
	LOW-BIRTHWEIGHT BABIES	8.7% 2012-14	8.8% 2017-19		6.9% 2012-14	9.3% 2017-19	 <b>80</b> of 120
	CHILDREN UNDER 19 WITH HEALTH INSURANCE	95.5% 2014	95.7% 2019		95.4% 2014	95.2% 2019	 <b>73</b> of 120
	YOUNG ADULTS (AGES 19-25) WITH HEALTH INSURANCE		90% 2015-19			90% 2015-19	 <b>53</b> of 120
	TEEN BIRTHS (rate per 1,000 females ages 15-19)	37.7 2012-14	28.2 2017-19		51.5 2012-14	37.4 2017-19	 <b>74</b> of 119
FAMILY & COMMUNITY 	BIRTHS TO MOTHERS WITHOUT A HIGH SCHOOL DEGREE	15.2% 2012-14	13.3% 2017-19		15.9% 2012-14	13.5% 2017-19	 <b>55</b> of 120
	CHILDREN IN FOSTER CARE (rate per 1,000 children ages 0-17)	39.2 2013-15	53.7 2018-20		29.0 2013-15	101.8 2018-20	 <b>115</b> of 120
	CHILDREN EXITING FOSTER CARE TO REUNIFICATION	40% 2013-15	37% 2018-20		45% 2013-15	43% 2018-20	 <b>42</b> of 116
	YOUTH INCARCERATED IN THE JUVENILE JUSTICE SYSTEM (rate per 1,000 children ages 10-17)	30.9 2013-15	22.4 2018-20		18.7 2013-15	11.8 2018-20	 <b>33</b> of 114

 Better 
  No Change 
  Worse 
  Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

\*Changes were not tested for statistical significance. \*\*Some counties and school districts not included in rankings due to data suppression or unavailable data.

S+ = Data suppressed by the source. LNE = Rate not calculated for fewer than 6 events. N/A = No change calculated due to data suppression.

# RUSSELL COUNTY



## POPULATION<sup>1</sup>

**17,991**

District: 206,583  
KY: 4,505,836



## MEDIAN HOUSEHOLD INCOME<sup>1</sup>

**\$38,390**

District: \$36,220  
KY: \$50,589



## UNEMPLOYMENT<sup>2</sup>

**3.4%**

District: 2.9%  
KY: 4.1%



## CHILDREN W/ SINGLE PARENT<sup>3</sup>

**26%**

District: 25%  
KY: 26%



## GRANDPARENTS RESPONSIBLE FOR GRANDCHILDREN<sup>3</sup>

**70.4%**

District: 58.8%  
KY: 52.1%



## POVERTY ALL PEOPLE<sup>3</sup>

**23.2%**

District: 23.2%  
KY: 16.3%

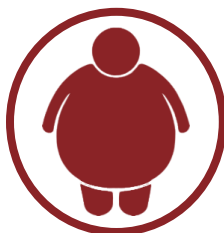
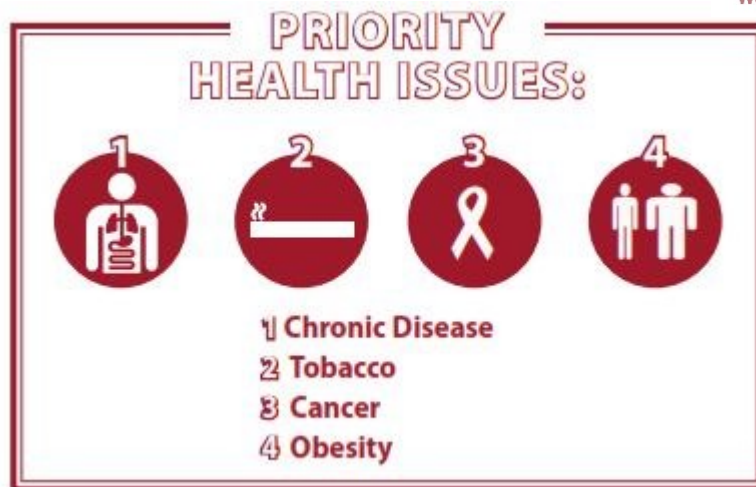
Sources: <sup>1</sup>US Census Bureau Quick Facts July 2021; <sup>2</sup>US Department for Labor November 2021 Preliminary;  
<sup>3</sup>US Census Bureau, American Community Survey 2015-2019

## RUSSELL COUNTY

The Russell County Health & Wellness Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018.

### Russell County Health & Wellness Coalition Vision Statement:

Russell County is a united community focusing on spiritual, emotional, mental, physical and economic health that empowers personal responsibility with the support of local partners and resources to make it a safe place to live, work, and play.



#### ADULT OBESITY

**35%**

District: 37%  
KY: 35%



#### ADULT SMOKING

**27%**

District: 27.8%  
KY: 24%



#### DIABETES PREVALENCE

**15%**

District: 14%  
KY: 13%



#### DRUG OVERDOSE DEATHS

**34**

District: 26  
KY: 32



#### EXCESSIVE DRINKING

**14%**

District: 15%  
KY: 17%



#### TEEN BIRTH RATE

**50**

District: 45  
KY: 31

Sources: County Health Rankings 2021

# RUSSELL COUNTY: RESOURCES OR ASSETS INVENTORY



## **Russell County Health and Wellness Coalition**

The priority health issues selected are Substance Use, Diabetes, Teen Pregnancy. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Russell County residents.

## **Chronic Disease**

- **Russell County Public Library** - Preventive educational programs
- **Russell County Law Enforcement** - drug prevention
- **Aceta Better Health** - Educational Programs focusing on youth
- **Partners in Prevention** - support of community tobacco prevention
- **Russell County Hospital** - Freedom from Smoking- Drug Program
- **Russell County Resource Directory**
- **Russell County ASAP program**
- **Russell County Health and Wellness Coalition**
- **Regional Prevention Center of ADANTA**
- **Celebrate Recovery/Breakaway Project**

## **Diabetes**

- **LCDHD Diabetes program**
- **Friends of Wolf Creek National Fish Hatchery**
- **Russell County Hospital**
- **Russell County Extension**
- **Russell County Youth Service Center** - Longest Day of Play
- **Health Education/Diabetes Education** - Development of Facebook Page

## **Teen Pregnancy**

- **ACE's Program**
- **United Methodist Church** - Youth program
- **LCDHD - RTR, TOPS**
- **Russell County Schools**

# Russell County Profile

		KENTUCKY			RUSSELL			
		BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
ECONOMIC SECURITY	<b>CHILDREN IN POVERTY</b> (below 100% of the federal poverty level)	25.9% 2014	20.9% 2019	✓	37.4% 2014	31.6% 2019	✓	89 of 120
	<b>CHILDREN IN LOW-INCOME FAMILIES</b> (below 200% of the federal poverty level)	49% 2010-14	45% 2015-19	✓	56% 2010-14	50% 2015-19	✓	52 of 120
	<b>CHILDREN LIVING IN FOOD INSECURE HOUSEHOLDS</b>	—	17.9% 2019	—	—	20.7% 2019	—	66 of 120
	<b>HIGH RENTAL COST BURDEN</b>	49% 2010-14	45% 2015-19	✓	42% 2010-14	46% 2015-19	✗	71 of 119
EDUCATION	<b>OUT-OF-SCHOOL SUSPENSIONS</b> (rate per 100 students enrolled)	7.7 SY 2013-14	9.6 SY 2018-19	✗	6.2 SY 2013-14	7.2 SY 2018-19	✗	87 of 168
	<b>HIGH SCHOOL STUDENTS GRADUATING ON TIME</b>	88.6% SY 2015-16	90% SY 2020-21	✓	91.3% SY 2015-16	92.3% SY 2020-21	✓	88 of 167
	<b>STUDENTS WITH AN INDIVIDUALIZED EDUCATION PLAN</b>	—	16% SY 2020-21	—	—	14% SY 2020-21	—	
	<b>STUDENT HOMELESSNESS</b>	4% SY 2015-16	3% SY 2020-21	✓	9% SY 2015-16	6% SY 2020-21	✓	83 of 117























✓ Better    = No Change    ✗ Worse    — Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

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S+ = Data suppressed by the source. LNE = Rate not calculated for fewer than 6 events. N/A = No change calculated due to data suppression.

# Russell County Profile



	KENTUCKY			RUSSELL			
	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
HEALTH 	SMOKING DURING PREGNANCY	19.8% 2012-14	16.7% 2017-19		32.2% 2012-14	27.4% 2017-19	 92 of 120
	LOW-BIRTHWEIGHT BABIES	8.7% 2012-14	8.8% 2017-19		10.1% 2012-14	8.7% 2017-19	 54 of 120
	CHILDREN UNDER 19 WITH HEALTH INSURANCE	95.5% 2014	95.7% 2019		92.9% 2014	94.1% 2019	 105 of 120
	YOUNG ADULTS (AGES 19-25) WITH HEALTH INSURANCE		90% 2015-19			94% 2015-19	 14 of 120
	TEEN BIRTHS (rate per 1,000 females ages 15-19)	37.7 2012-14	28.2 2017-19		59.3 2012-14	39.3 2017-19	 82
FAMILY & COMMUNITY 	BIRTHS TO MOTHERS WITHOUT A HIGH SCHOOL DEGREE	15.2% 2012-14	13.3% 2017-19		21.2% 2012-14	16.8% 2017-19	 82 of 120
	CHILDREN IN FOSTER CARE (rate per 1,000 children ages 0-17)	39.2 2013-15	53.7 2018-20		30.4 2013-15	77.1 2018-20	 98 of 120
	CHILDREN EXITING FOSTER CARE TO REUNIFICATION	40% 2013-15	37% 2018-20		43% 2013-15	33% 2018-20	 81 of 114
	YOUTH INCARCERATED IN THE JUVENILE JUSTICE SYSTEM (rate per 1,000 children ages 10-17)	30.9 2013-15	22.4 2018-20		24.1 2013-15	8.9 2018-20	 16 of 114

 Better 
  No Change 
  Worse 
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# TAYLOR COUNTY



## POPULATION

**25,769**

District:  
KY: 4,467,673



## MEDIAN HOUSEHOLD INCOME

**25,769**

District:  
KY: 4,467,673



## PERCENT AGED 65 AND OLDER

**18.3%**

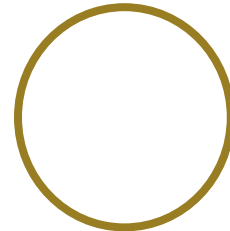
District:  
KY: 16.8%



## UNEMPLOYMENT

**4.3%**

District:  
KY: 4.3%



## CHILD/PERSONS POVERTY

**21%/XX%**

District:  
KY: 21%/XX%



## CHILDREN W/ SINGLE PARENT

**29%**

District:  
KY: 26%



## TEEN BIRTH RATE

**36**

District:  
KY: 31



## GRANDPARENTS RAISING GRANDCHILDREN

**XX%**

District:  
KY: XX%

## TAYLOR COUNTY

The Taylor County Wellness Coalition completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018.

### Taylor County Wellness Coalition Vision Statement:

The goal of the Taylor County Wellness Coalition is to promote and coordinate all available community resources in health related activities.



### PRIORITY HEALTH ISSUES:



1 Chronic Disease



2 Substance Use



#### ADULT OBESITY

**39%**

District:  
KY: 35%



#### DIABETES PREVALENCE

**10%**

District:  
KY: 13%



#### ADULT SMOKING

**25%**

District:  
KY: 24%



#### DRUG OVERDOSE DEATHS

**30**

District:  
KY: 32



#### EXCESSIVE DRINKING

**15%**

District:  
KY: 17%



#### ALCOHOL-IMPAIRED DRIVING DEATHS

**13%**

District:  
KY: 25%

# TAYLOR COUNTY: RESOURCES OR ASSETS INVENTORY

## **Taylor County Health and Wellness Coalition**

The priority health issues selected are Health Disease and Stroke, Lack of Knowledge Regarding Preventive Health, Healthy Living, and Available Insurance/Financial Assistance Resources, Prevention of Chronic Disease and Recruitment and Retention of Physicians. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Taylor County residents.

## **Heart Disease and Stroke**

- Taylor County Wellness Coalition
- Freedom from Smoking classes - Taylor Regional Hospital and Taylor County Health Department
- Taylor County Farmers Market Association

## **Lack of Knowledge Regarding Preventive Health, Healthy Living, and Available Insurance/Financial Assistance Resources**

- Kids Outdoor Day
- Taylor County Wellness Coalition
- Taylor Regional Hospital classes and programs
- Health Department diabetes education classes
- Taylor County Senior Center classes and programs
- Taylor County Public Library classes and programs
- Taylor County Cooperative Extension Service classes and programs
- Lake Cumberland Community Action Agency


## **Prevention of Chronic Disease**
















- Bicycle Friendly Campbellsville group rides and social media outlets
- Campbellsville Running Club group runs and social media outlets
- Green River Lake hiking/biking trails
- Taylor County Wellness Coalition
- Freedom from Smoking classes - Taylor Regional Hospital and Taylor County Health Department
- Paz Yoga Studio
- Various fitness facilities
- Miller Park - walking track
- Campbellsville/Taylor County Master Pedestrian Plan
- Veterans Park
- Tebbs Bend Recreational Area - hiking and biking trails
- Taylor County Farmers Market Association
- Campbellsville Baptist Church - free exercise facilities and walking track

## **Recruitment and Retention of Physicians**

- Taylor Regional Hospital committee focuses on recruitment and retention of physicians

# Taylor County Profile

	KENTUCKY			TAYLOR			
	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
ECONOMIC SECURITY 	<b>CHILDREN IN POVERTY</b> (below 100% of the federal poverty level)						
	25.9% 2014	20.9% 2019	✓	35.4% 2014	21.1% 2019	✓	43 of 120
	<b>CHILDREN IN LOW-INCOME FAMILIES</b> (below 200% of the federal poverty level)						
	49% 2010-14	45% 2015-19	✓	63% 2010-14	49% 2015-19	✓	47 of 120
	<b>CHILDREN LIVING IN FOOD INSECURE HOUSEHOLDS</b>						
	—	17.9% 2019	—	—	18.5% 2019	—	46 of 120
	<b>HIGH RENTAL COST BURDEN</b>						
	49% 2010-14	45% 2015-19	✓	54% 2010-14	50% 2015-19	✓	96 of 119























School district level data & rankings	EDUCATION						BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**	
			OUT-OF-SCHOOL SUSPENSIONS (rate per 100 students enrolled)	7.7	9.6		Taylor County	4.1	4.3		49
				SY 2013-14	SY 2018-19		of 168				
			HIGH SCHOOL STUDENTS GRADUATING ON TIME	88.6%	90%		Campbells- ville Ind.	6.7	7.3		89
				SY 2015-16	SY 2020-21		of 168				
			STUDENTS WITH AN INDIVIDUALIZED EDUCATION PLAN		16%		Taylor County	98.6%	94.5%		59
				SY 2020-21	SY 2020-21		of 167				
STUDENT HOMELESSNESS	4%	3%		Campbells- ville Ind.	98.3%	92.4%		87			
	SY 2015-16	SY 2020-21		of 167							
				Taylor County		16%					
				Campbells- ville Ind.		20%					
				Taylor County	2%	1%		11			
				Campbells- ville Ind.	3%	S+	N/A	of 117			

✓ Better    = No Change    ✗ Worse    — Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

\*Changes were not tested for statistical significance. \*\*Some counties and school districts not included in rankings due to data suppression or unavailable data.

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# Taylor County Profile

	KENTUCKY			TAYLOR			
	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
HEALTH 	SMOKING DURING PREGNANCY	19.8% 2012-14	16.7% 2017-19		25.4% 2012-14	23.3% 2017-19	 <b>65</b> of 120
	LOW-BIRTHWEIGHT BABIES	8.7% 2012-14	8.8% 2017-19		8.1% 2012-14	9.1% 2017-19	 <b>70</b> of 120
	CHILDREN UNDER 19 WITH HEALTH INSURANCE	95.5% 2014	95.7% 2019		94.6% 2014	95.8% 2019	 <b>39</b> of 120
	YOUNG ADULTS (AGES 19-25) WITH HEALTH INSURANCE		90% 2015-19			88% 2015-19	 <b>71</b> of 120
	TEEN BIRTHS (rate per 1,000 females ages 15-19)	37.7 2012-14	28.2 2017-19		43.0 2012-14	31.4 2017-19	 <b>52</b> of 119
FAMILY & COMMUNITY 	BIRTHS TO MOTHERS WITHOUT A HIGH SCHOOL DEGREE	15.2% 2012-14	13.3% 2017-19		14.6% 2012-14	12.6% 2017-19	 <b>44</b> of 120
	CHILDREN IN FOSTER CARE (rate per 1,000 children ages 0-17)	39.2 2013-15	53.7 2018-20		46.8 2013-15	44.7 2018-20	 <b>45</b> of 120
	CHILDREN EXITING FOSTER CARE TO REUNIFICATION	40% 2013-15	37% 2018-20		44% 2013-15	46% 2018-20	 <b>28</b> of 116
	YOUTH INCARCERATED IN THE JUVENILE JUSTICE SYSTEM (rate per 1,000 children ages 10-17)	30.9 2013-15	22.4 2018-20		19.9 2013-15	12.5 2018-20	 <b>34</b> of 114

 Better 
  No Change 
  Worse 
  Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

\*Changes were not tested for statistical significance. \*\*Some counties and school districts not included in rankings due to data suppression or unavailable data.

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# WAYNE COUNTY



## POPULATION<sup>1</sup>

**19,555**

District: 206,583  
KY: 4,505,836



## MEDIAN HOUSEHOLD INCOME<sup>1</sup>

**\$34,914**

District: \$36,220  
KY: \$50,589



## UNEMPLOYMENT<sup>2</sup>

**3.2%**

District: 2.9%  
KY: 4.1%



## CHILDREN W/ SINGLE PARENT<sup>3</sup>

**22%**

District: 25%  
KY: 26%



## GRANDPARENTS RESPONSIBLE FOR GRANDCHILDREN<sup>3</sup>

**45.2%**

District: 58.8%  
KY: 52.1%



## POVERTY ALL PEOPLE<sup>3</sup>

**25.3%**

District: 23.2%  
KY: 16.3%

Sources: <sup>1</sup>US Census Bureau Quick Facts July 2021; <sup>2</sup>US Department for Labor November 2021 Preliminary;  
<sup>3</sup>US Census Bureau, American Community Survey 2015-2019

## WAYNE COUNTY

The Wayne County Health Council completed the Mobilizing for Action through Partnerships and Planning (MAPP), a community driven strategic planning tool in Spring 2018.

### Wayne County Health Council Vision Statement:

Empowering Wayne County to be a community united through personal and shared responsibility, with a focus on spiritual, emotional, mental, physical, and economic health with the support of local resources to make it a safe place to live, work, and play.



### PRIORITY HEALTH ISSUES:



1 Substance Use



2 Obesity



#### ADULT OBESITY

**42%**

District: 37%  
KY: 35%



#### ADULT SMOKING

**28%**

District: 27.8%  
KY: 24%



#### DIABETES PREVALENCE

**17%**

District: 14%  
KY: 13%



#### DRUG OVERDOSE DEATHS

**18**

District: 26  
KY: 32



#### EXCESSIVE DRINKING

**15%**

District: 15%  
KY: 17%



#### TEEN BIRTH RATE

**52**

District: 45  
KY: 31

Sources: County Health Rankings 2021



# WAYNE COUNTY: RESOURCES OR ASSETS INVENTORY

## Wayne County Health Council

The priority health issues selected are Obesity and Substance Use. To address these issues the health coalition has created a listing of assets and resources that will be employed to improve the health of Taylor County residents.























## Obesity

- **Wayne County Memorial Park** - walking trail, basketball goals, play equipment
- **Wayne County Public Library** - health and wellness focused classes, walking club
- **Wayne County Schools-Family Resource Center** - exercise programs
- **Wayne County Cooperative Extension Service** - health and wellness focused classes
- **Coordinated School Health Council** - focus on health and nutrition, fitness and wellness
- **Wayne County Fitness Center** - exercise equipment, exercise classes
- **Wayne County Senior Center** - fitness program for elderly
- **Wayne County Hospital** - physical therapy, exercise equipment
- **Health Department** - WIC, nutrition education
- **Wayne County ASPIRE** - basketball, swimming, softball, baseball

## Substance Use

- **ADANTA** - counseling, prevention, treatment
- **Wayne County ASAP programs** - prevention and treatment, raise awareness,
- **Health Department** - Freedom From Smoking classes
- **Wayne County Resource Directory**
- **AA program** - Substance Use Support
- **Community Based Interventions** - counseling, prevention, treatment
- **Defensive Actions Against Drugs**
- **Hope Center** - food pantry, monthly commodity day
- **Operation UNITE** - education, prevention
- **Passages of Kentucky** - drug treatment (outpatient)
- **Rays of Hope Intervention, PLC** - drug treatment (outpatient)

# Wayne County Profile

		KENTUCKY			WAYNE			
		BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
<b>ECONOMIC SECURITY</b> 	<b>CHILDREN IN POVERTY</b> (below 100% of the federal poverty level)	25.9% 2014	20.9% 2019		37.7% 2014	33.3% 2019		<b>102</b> of 120
	<b>CHILDREN IN LOW-INCOME FAMILIES</b> (below 200% of the federal poverty level)	49% 2010-14	45% 2015-19		65% 2010-14	60% 2015-19		<b>91</b> of 120
	<b>CHILDREN LIVING IN FOOD INSECURE HOUSEHOLDS</b>		17.9% 2019			25.2% 2019		<b>94</b> of 120
	<b>HIGH RENTAL COST BURDEN</b>	49% 2010-14	45% 2015-19		59% 2010-14	41% 2015-19		<b>37</b> of 119
<b>School district level data &amp; rankings</b> <b>EDUCATION</b> 	<b>OUT-OF-SCHOOL SUSPENSIONS</b> (rate per 100 students enrolled)	7.7 SY 2013-14	9.6 SY 2018-19		15.1 SY 2013-14	7.9 SY 2018-19		<b>97</b> of 168
	<b>HIGH SCHOOL STUDENTS GRADUATING ON TIME</b>	88.6% SY 2015-16	90% SY 2020-21		90.2% SY 2015-16	92.2% SY 2020-21		<b>92</b> of 167
	<b>STUDENTS WITH AN INDIVIDUALIZED EDUCATION PLAN</b>		16% SY 2020-21			19% SY 2020-21		
	<b>STUDENT HOMELESSNESS</b>	4% SY 2015-16	3% SY 2020-21		2% SY 2015-16	1% SY 2020-21		<b>11</b> of 117

 Better 
  No Change 
  Worse 
  Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

\*Changes were not tested for statistical significance. \*\*Some counties and school districts not included in rankings due to data suppression or unavailable data.

S+ = Data suppressed by the source. LNE = Rate not calculated for fewer than 6 events. N/A = No change calculated due to data suppression.

# Wayne County Profile

		KENTUCKY			WAYNE			
		BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	BASELINE DATA	LATEST DATA	CHANGE SINCE BASELINE*	RANKING**
HEALTH	SMOKING DURING PREGNANCY	19.8% 2012-14	16.7% 2017-19	✓	27.0% 2012-14	25.7% 2017-19	✓	81 of 120
	LOW-BIRTHWEIGHT BABIES	8.7% 2012-14	8.8% 2017-19	✗	7.4% 2012-14	8.5% 2017-19	✗	45 of 120
	CHILDREN UNDER 19 WITH HEALTH INSURANCE	95.5% 2014	95.7% 2019	✓	95.4% 2014	96.2% 2019	✓	12 of 120
	YOUNG ADULTS (AGES 19-25) WITH HEALTH INSURANCE	—	90% 2015-19	—	—	78% 2015-19	—	114 of 120
	TEEN BIRTHS (rate per 1,000 females ages 15-19)	37.7 2012-14	28.2 2017-19	✓	66.3 2012-14	46.6 2017-19	✓	110
FAMILY & COMMUNITY	BIRTHS TO MOTHERS WITHOUT A HIGH SCHOOL DEGREE	15.2% 2012-14	13.3% 2017-19	✓	22.6% 2012-14	19.0% 2017-19	✓	96 of 120
	CHILDREN IN FOSTER CARE (rate per 1,000 children ages 0-17)	39.2 2013-15	53.7 2018-20	✗	29.1 2013-15	50.5 2018-20	✗	54 of 120
	CHILDREN EXITING FOSTER CARE TO REUNIFICATION	40% 2013-15	37% 2018-20	✗	43% 2013-15	52% 2018-20	✓	14 of 114
	YOUTH INCARCERATED IN THE JUVENILE JUSTICE SYSTEM (rate per 1,000 children ages 10-17)	30.9 2013-15	22.4 2018-20	✓	27.5 2013-15	17.3 2018-20	✓	61 of 114

 Better 
  No Change 
  Worse 
  Baseline data is not comparable, data overlaps with latest timeframe, or the change is neither positive nor negative.

\*Changes were not tested for statistical significance. \*\*Some counties and school districts not included in rankings due to data suppression or unavailable data.

S+ = Data suppressed by the source. LNE = Rate not calculated for fewer than 6 events. N/A = No change calculated due to data suppression.