

Lake Cumberland Regional Medical Center
Chatters Cafe Menu



Monday 10/23	Tuesday 10/24	Wednesday 10/25	Thursday 10/26	Friday 27-Oct
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MEATLESS				
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		Assorted Scones	Breakfast Fiesta Omelets	Breakfast Grilled Cheese with Scrambled Eggs	Breakfast Banana-Strawberry Yogurt & Gronola Bowl	Apple Turnovers
	Entrées	Italian Beef Fettuccine	BBQ Beef Brisket	Orange Chicken	Country Fried Steak & Brown Gravy	Coconut Curry Chicken with Naan Bread
		Cheese Ravioli with Alfredo Sauce	Frito Pie	Sweet & Sour Meatballs with Pineapples and Red Peppers	Chili-Lime Tilapia	BBQ Brisket
	Vegetables	Buttered Carrots	Fajita Corn	Stir Fried Vegetables	Glazed Carrots	Mashed Sweet Potatoes
		Italian Style Green Beans	Garlic-Parmesan Roasted Fresh Green Beans	Chicken-Veggie Egg Rolls	Butter-Herb Roasted Brussel Spouts	Steamed Broccoli
	Starch	Roasted Red Potatoes	Baked Beans	Lavender-Coconut Rice	Garlic Bread	Lemon-Dill Basmati Rice
		Garlic Bread	Yellow Rice	Noodles with Peanut Sauce	Roasted Garlic Mashed Potatoes	Baked Beans
		Chicken Tenders and French Fries	Chicken Nuggets and French Fries	Pepperoni and Cheese Pizzas	Bean & Cheese Burrito & Nacho Fies	Beer Battered Cod, Cole Slaw and French Fries
		Grilled Chicken or Tofu Chef Salads to Order	Jumbo Hot Dog Bar with Chili, Cheese Sauce, Baked Beans and Potato Salad or French Fries	Loaded Baked Potato Bar	Nacho Supreme with Mexican Rice & Refried Beans	Shrimp and Grits with Cornbread
		Sloppy Joe Sandwiches with French Fries	Veggie Burgers & Sweet Potato Fries	Turkey Melt -Hot Turkey and Cheese Sandwich & French Fries	Chicken & Cheese Quesadillas w/Nacho Fies & Sour Cream	BBQ Chicken Sandwich and French Fries
		Pinto Bean Soup with Cornbread	Pinto Bean Soup with Cornbread	Tomato Basil Soup	Pinto Bean Soup with Cornbread	Pinto Bean Soup with Cornbread
		Garden Vegetable Soup	Loaded Potato Soup	Loaded Potato Soup	Italian Wedding Soup	Chicken Noodle Soup
		Peach Cobbler	Cherry Cobbler	Hot Fudge Cake	Churros with Chocolate Sauce	Strawberry Cobbler

Menu items are subject to change without notice due to product availability